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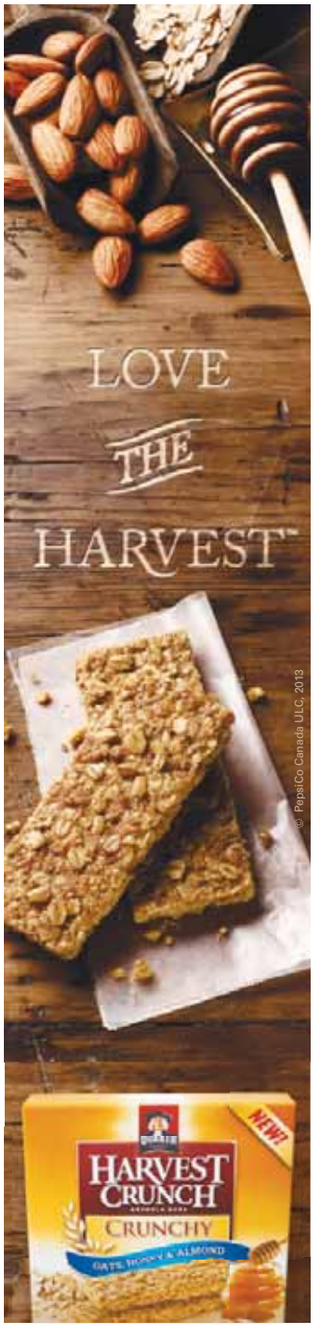
SEE WHAT'S NEW... CHECK OUT OUR LATEST OFFER ON PAGE 18



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PUTTIN' ON THE GLITZ

TINSELTOWN HAS A LONG AND STORIED HISTORY OF GLAMOUR. CHECK OUT METRO'S PICKS FOR THE MOST STYLISH MOVIES OF ALL TIME

PAGE 19

Critical mast

The 2,850-passenger Celebrity Solstice cruise ship is going under the knife to adjust its mast to fit under Lions Gate Bridge PAGE 3

We're Seeing RED at Coquitlam Centre.

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The ghost of Point Grey

NDP candidate David Eby is on the hustings in Christy Clark's riding, but where's the premier? PAGE 4

Jubilant homecoming

Two Cleveland kidnapping victims are greeted with hugs and cheers while police charge suspect PAGE 6

Even rappers grow old

The elder statesmen of hip hop ponder the inevitability of middle age PAGE 16

A HOME FIT FOR A GNOME

Vancouver's famed "Hobbit house" at 587 West King Edward Ave. is for sale for $2.68 million, after its longtime owners died. Built in 1930 and reminiscent of The Lord of the Rings, the two-bedroom, two-bathroom fixer-upper has the original ship-deck flooring, a knotty-pine kitchen and an elevator that leads to a lookout room with views of the North Shore mountains. ERIC DREGER/THE CANADIAN PRESS

Full report on sawmill blast should be released for worker safety: Union

Burns Lake. But Liberal MLA says all safety measures in the report have been put in place

KATE WEBB
kate.webb@metronews.ca

The B.C. Safety Authority should make its full 90-page report on the Burns Lake disaster public, says the union representing workers at the sawmill that exploded in January of last year, killing two people and injuring 19.

The Safety Authority has released the safety recommendations in the report but is withholding the parts that explain what went wrong because of an ongoing criminal investigation.

The industry was rocked for a second time just three months later by another deadly explosion at a sawmill in Prince George.

"There's some 90 pages of that (report), which put together all of the recommendations around confined spaces in sawmills and how electrical connections and (motor-control centre) panels might have an effect on the dust that's in sawmills," said Frank Everitt, president of United Steelworkers Local 1-424.

"So we sit on that, and in the meantime we have people nervous and anxious about the industry that they work in, and four individuals got killed — two in Burns Lake and two in Prince George, and about 40 people got injured."

Liberal MLA and former solicitor general Rich Coleman said he asked the Safety Authority to withhold parts of the report because WorkSafeBC advised him it was trying to build a case for prosecution.

"The reality is that everything to do with workers' safety was taken out of the report and put into place to make sure the workers were safe as far as the gasification of the sawdust and all that," Coleman said.

"It's nothing new. I know that when I was solicitor general, any time there was a criminal investigation as to anything, all of the reports were held in advance until the investigation of any criminal charges was complete."

But Safety Authority spokeswoman Julie Hewlett said there is no precedent for part of one of its reports being withheld due to a Crown proceeding. The Crown did not return Metro's request for comment by deadline.

Everitt does not believe releasing the full report would compromise any prosecution.

"If there are criminal charges under the Workers Compensation Act, people will be asked to go on the stand and testify, the same as any other court case. They would make their oath and explain what happened," he said. "So in my view, this does not compromise anything. What it does is protect the people that are currently working right now."

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Cruise ship gets nip and tuck to fit under Lions Gate Bridge

Extreme makeover. Celebrity Solstice having mast modified so it can pass safely, as Vancouver is seen as important gateway

EMILY JACKSON
emily.jackson@metronews.ca

Vancouver is so irresistible that a massive cruise ship plans to go under the knife for a chance to spend a little time in the city's port.

The Celebrity Solstice is too tall to sail under the Lions Gate Bridge, but rather than opt to dock elsewhere, the company will modify the mast so it can be lowered and the ship can pass safely, Celebrity spokesman Ross Nacht said.

The corrective surgery to create a hinged mast will allow Celebrity to offer "premium class" cruises sailing farther north into Alaska on the 2,850-passenger ship the company describes as "one of our more decorated ships at sea."

While the boat won't have recovered from its operation in time to sail from Vancouver this season, it already has four sailings planned for next year. Itineraries include trips to Alaska and Honolulu.

The extra boat will be a boon to Vancouver's cruise industry, as each ship stimulates more than $2 million in economic activity, according to Port Metro Vancouver.

Though the cruise industry took some major hits recently with the global recession and the high-profile sinking of the Costa Concordia in Italy in January 2012, Vancouver's 2013 Alaska cruise season is expected to be much stronger than last year's.

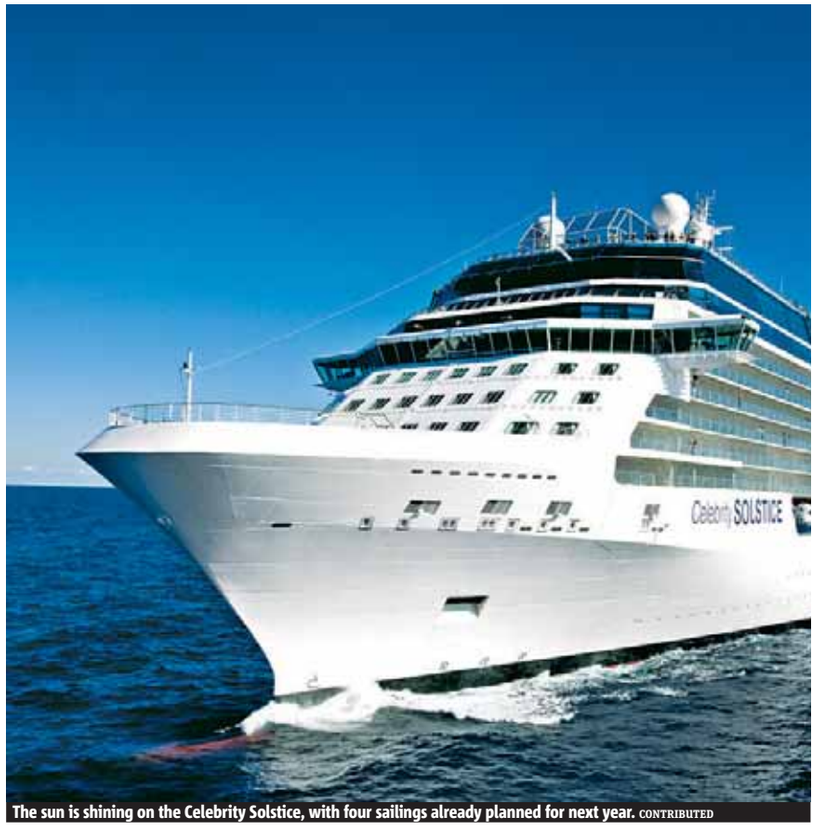
The port expects 820,000 passengers on more than 235 cruise calls in 2013, up from 667,000 passengers on 191 calls in 2012.

That translates into an $80-million boost for restaurants, shops, hotels and tours, port CEO Robin Silvester said in an April news release.

On the rise

235

Vancouver's port expects 820,000 passengers on more than 235 cruise calls in 2013, up from 667,000 passengers on 191 calls in 2012.



The sun is shining on the Celebrity Solstice, with four sailings already planned for next year. CONTRIBUTED

Border Security in damage-control mode

The reality show Border Security will not use footage from the March construction-site raid that sparked a national campaign calling for its cancellation, because the men arrested were not wanted for serious criminal offences, Force Four Entertainment president Rob Bromley says.

"Since the beginning of the series, we have not, and will not, feature any stories of refugees or refugee claimants," Bromley said in an email on Wednesday.

"We have already determined that we will not use the footage from March 13 as the individuals did not fit the criteria we had already established for Inland Enforcement stories: Serious criminality."

The show is still filming at sites in British Columbia and Ontario, including the Douglas border crossing, Vancouver International Airport (YVR), Pacific Highway Traffic crossing and Toronto's Pearson International Airport.

Last Friday, Force Four also changed the signs posted while filming at YVR to assure travellers they can opt out of being filmed if they want to,

B.C. Civil Liberties Association policy director Micheal Vonn said the new signs are a step in the right direction, but she still has concerns that travellers are being given the choice only to opt out of being filmed, rather than to opt in.

"It presumes consent," she said.

Ninety human-rights groups, legal organizations and labour unions have signed a letter to federal Public Safety Minister Vic Toews urging him to withdraw the CBSA's participation in the show, and as of Wednesday a petition calling for its cancellation had garnered nearly 25,000 signatures.

The BCCLA has filed a complaint to the federal privacy commissioner on behalf of one of the construction workers arrested during the March raid in Vancouver who was subsequently deported to Honduras. KATE WEBB/METRO

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B.C. NDP candidate David Eby catches up on emails in his campaign office in Vancouver–Point Grey last Thursday. JENNIFER GAUTHIER/FOR METRO

EBY EYEING UPSET IN TIGHT RACE AGAINST PREMIER

MATT KIELTYKA
matt.kieltyka@metronews.ca

There is an eerie air of uncertainty hanging over Vancouver–Point Grey.

David Eby knows he is winning the lawn-sign war.

He knows his team is doing a better job canvassing neighbourhoods.

His team believes it just needs to change 300 minds to turn a surprisingly narrow byelection defeat — a gap of 564 votes in 2011 — against Liberal leader Christy Clark into an unbelievable upset.

He just has no idea what the other team is doing.

"It's a bit eerie campaigning right now; it's like campaigning against a ghost," Eby, former executive director of the B.C. Civil Liberties Association, said while door knocking in the premier's riding May 2. "There are no flyers being mailed out, there are few signs, there are no events. It's a bit of a mystery and it makes me a little bit edgy wondering what the strategy is."

Clark has only made a handful of stops in her own riding, focusing — perhaps rightly so — on representing the Liberals in all corners of the province in their uphill battle for re-election.

Her local campaign, Eby says, mostly communicates with voters over the phone.

David Eby chats with a cyclist about tuition while campaigning in Vancouver–Point Grey last Thursday. MATT KIELTYKA/METRO

"People realize it's challenging being premier and people understand she's going to need to be in a bunch of different places," Eby said. "It's just so different from our strategy, which is based on talking to as many people as possible."

If Clark's shadow haunts Eby's campaign office on West Broadway, it's hard to tell.

The mood among his young brain trust of election hipsters (see: Sean Antrim, campaign volunteer, COPE executive director and longtime Eby supporter, with his moustache, flannel shirt, thick-framed glasses and the photo of folk musician/social activist Woodie Guthrie taped by his desk) is rather one of inspiration.

As volunteers hole-punch thousands of advance-voting leaflets, Eby and his strategists huddle in a separate room for their daily briefing.

Campaign manager Kate Van Meer-Mass stresses the importance of getting NDP supporters to the polls early.

On the same day in 2011, many would-be Eby campaigners were focused on the NDP's rise to official Opposition status in the federal election.

They didn't turn their attention to provincial politics until a couple weeks before residents cast their vote.

The late start, she says, cost Eby the upset against the new Liberal leader.

"Five hundred sixty-four votes … that's not a lot," Van Meer-Mass tells the group, emphasizing the tiny margin between Eby and Clark in their first go-round. "We lost on advanced polls. This time we're much further ahead."

With that in mind, Eby spends up to five hours a day walking the riding, meticulously identifying supporters and checking their names off his official voter list.

Easier said than done in a traditionally Liberal part of town split between well-off home owners and young renters.

"I wouldn't vote NDP if it was the last thing I did," one woman scorns as Eby introduces himself. "You'll just ruin the province like you did the last time."

Other Liberal supporters are more polite, and Eby comes across more than a fair number of New Democrats who pledge support.

The 36-year-old lawyer, who made an earlier stop downtown for a television interview with Shaw's David Berner, is glad to get through yet another district in his clipboard.

Still, he won't know until May 14 if all his legwork in Point Grey will be enough to overthrow a premier that seems to be everywhere but there.

In pictures

On the campaign trail

1 A large map of the Vancouver–Point Grey riding hangs on the wall of David Eby's campaign office. The district is broken into zones for volunteers to tackle while campaigning. JENNIFER GAUTHIER/FOR METRO

2 David Eby's team of volunteers prepared and hung 5,000 door knockers encouraging NDP supporters in the riding to cast their ballot during advance voting. MATT KIELTYKA/METRO

3 David Eby, centre, campaign manger Kate Van Meer-Mass, right, and the rest of the NDP Point Grey team break after their daily election briefing. JENNIFER GAUTHIER/FOR METRO

4 Eby spends three to five hours a day on foot knocking on constituents' doors. He leaves a personalized "Sorry I Missed You" note for each non-answer. MATT KIELTYKA/METRO

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Marathon bombing

Suspect's body still without a grave

The dispute over where to bury suspected Boston Marathon bomber Tamerlan Tsarnaev escalated Wednesday as a Massachusetts police chief urged someone to step forward with a cemetery plot, saying: "We are not barbarians. We bury the dead."

Worcester Police Chief Gary Gemme's plea came a day after he said that a deal struck Monday to bury the 26-year-old's remains at a state prison site dissolved, with state officials no longer offering co-operation.

Police said it's costing the department tens of thousands of dollars to provide security at the funeral home that is holding Tsarnaev's body.

THE ASSOCIATED PRESS

31 years in prison

Wrongfully jailed man denied suit

A man who spent 31 years behind bars before his murder conviction was quashed has lost his bid to sue those involved in his prosecution, an Ontario court has ruled.

In dismissing the $14-million lawsuit, Superior Court Justice Eva Frank found the Ontario Court of Appeal had already weighed in against many of the allegations Romeo Phillion made in his claim.

Phillion, 74, alleged negligence and wrongdoing by prosecutors and police. He claimed the defendants had failed to tell the defence about an alibi that might have exonerated him.

Phillion was convicted in 1972 of having murdered Ottawa firefighter Leopold Roy. THE CANADIAN PRESS

Utah soccer game

Teen charged with homicide by assault in one-punch killing

A Utah teen accused of punching a soccer referee who later died was charged Wednesday with homicide by assault, a count issued when an attack unintentionally causes death.

Salt Lake County District Attorney Sim Gill also said he will seek to try the teen as an adult in the death of 46-year-old Ricardo Portillo.

The charge is less serious than manslaughter. It carries a sentence of up to five years in prison for adults.

Portillo called a penalty on the teen for pushing. Charging documents show witnesses said the teenager threw one punch, hitting Portillo in the rear jaw area.

THE ASSOCIATED PRESS

Man charged in decade-long kidnapping, rape of women

Cleveland, Ohio.
No evidence his brothers were involved, police say

A Cleveland man arrested after three women missing for a decade were found alive at his run-down home was charged Wednesday with kidnapping and raping them. Prosecutors brought no charges against his brothers, saying there was no evidence they had any part in the crime.

Ariel Castro, 52, was charged with four counts of kidnapping — covering all three captives and the daughter born to one of them while she was held — and three counts of rape against the three women.

The former school bus driver owns the home where the women were rescued on Monday, after one of them broke through a screen door.

Police said that they were apparently bound with ropes and chains, and a city councilman briefed on the case, Brian Cummins, said they suffered miscarriages.

Deputy Police Chief Ed Tomba said the women could remember being outside only twice during their captivity.

And their first opportunity to escape didn't come until Monday, he said. The women were not kept in the same room but knew they were not alone, he said.

Earlier in the day, former captives Amanda Berry and Gina DeJesus were welcomed home by jubilant crowds of loved ones and neighbours with balloons and banners.

The third captive, Michelle Knight, 32, was reported in good condition at Metro Health Medical Center.

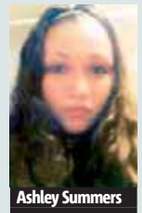
Neighbours said that Ariel Castro took part in the search for one of the missing women, helped pass out fliers, performed music at a fundraiser for her and attended a candlelight vigil, where he comforted her mother. As recently as 2005, Castro was accused of repeated acts of violence against his children's mother.

THE ASSOCIATED PRESS

Neighbours and friends of Amanda Berry clap as she arrives at her sister's home on Wednesday in Cleveland. Inset: Ariel Castro, the former bus driver charged with the crime. TONY DEJAK/THE ASSOCIATED PRESS

'Similarities'

A fourth girl?



Ashley Summers
THE ASSOCIATED PRESS

A fourth woman could be connected to the shocking case, the FBI confirms.

Ashley Summers disappeared at age 14 from the same area where the others were abducted.

Knight was abducted in 2002, Berry in 2003 and DeJesus in 2004.

Summers was last seen on July 9, 2007.

FBI spokesperson Vicki Anderson said the disappearance has "similarities" that the FBI is investigating.

TORSTAR NEWS SERVICE

Package had makings of a bomb: Ottawa police

Police are looking for witnesses in relation to the suspicious package. METRO

A suspicious package found in the lobby of the Ottawa offices of the Department of National Defence Tuesday evening had the hallmarks of an improvised explosive device, police say.

"An X-ray was done of the package," said Insp. Mike Maloney. He said the package had a power source and a timing device but no explosive material. He also said there was "never any danger to the public."

"All the material was there, but that doesn't mean it was a bomb," said Maloney.

Police used a water cannon to separate the components of the device and then used something called a water bottle charge with a small amount of explosive to render the package safe.

Even if the device was not found to be an explosive, Maloney said there's still the potential to lay public mischief charges given the disruption to the public.

At around 7 p.m., an explosion echoed through the area around the headquarters after the Ottawa Police force's Chemical, Biological, Radiological, Nuclear and Explosives team was called in to investigate the suspicious package.

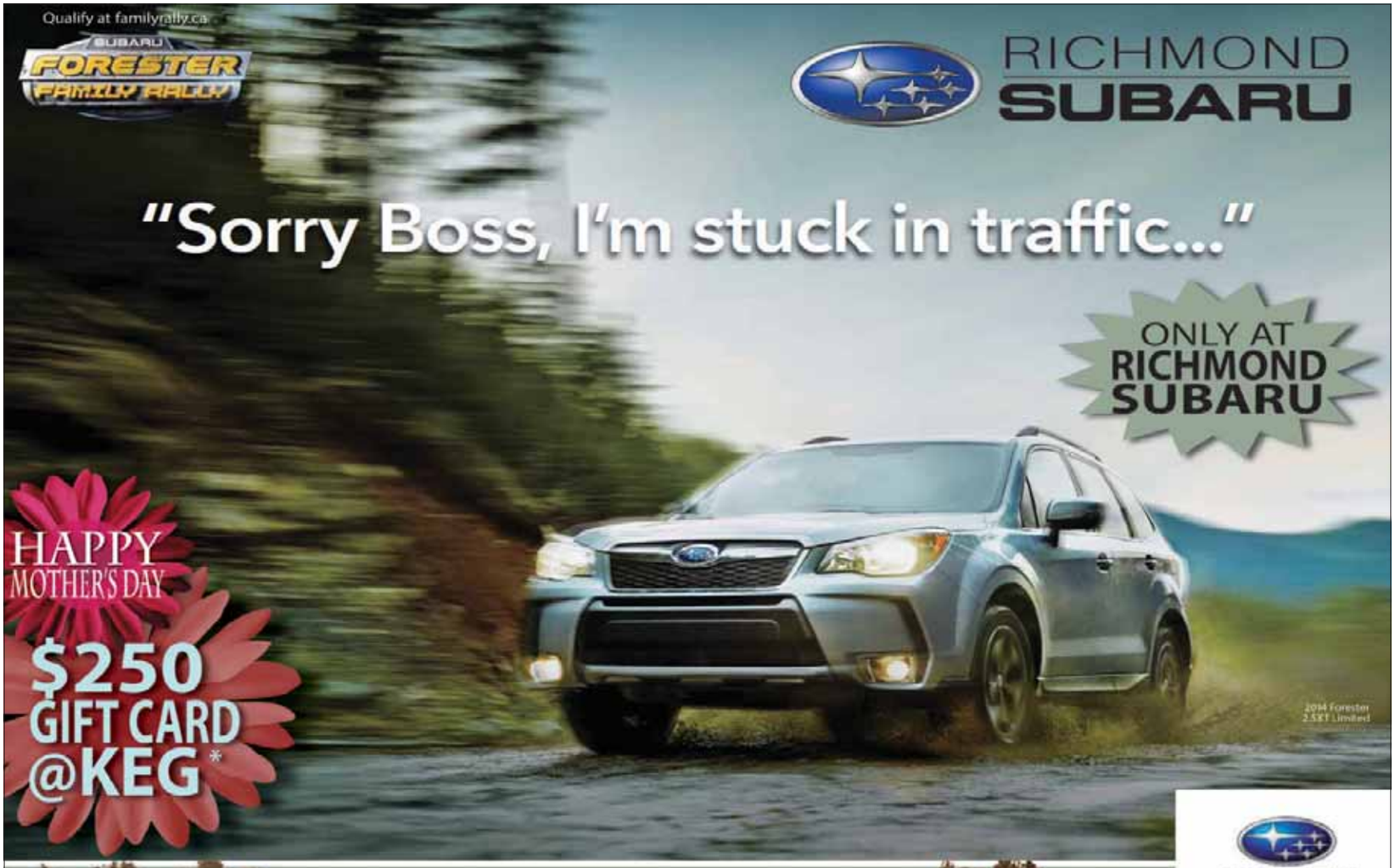
The RCMP, who were also called in to investigate, declined comment and directed inquiries to Ottawa police. Maloney said information is being gathered by all of the relevant authorities and police are looking for witnesses.

GRAHAM LANKTREE/METRO IN OTTAWA, WITH FILES FROM THE CANADIAN PRESS

Traffic disrupted

The investigation into the package closed the MacKenzie King Bridge, snarling rush-hour traffic.

- Buses on the OC Transpo transit way were backed up from the downtown core to the station at Lees Avenue, with delays of up to 40 minutes as the investigation closed the bridge in both directions.



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A day at the office: Eat, swim, patrol beaches

Tough assignments. Eight Canadians make shortlist for Tourism Australia's Best Jobs in the World competition

Mary Gazze of Toronto is going to eat her way around Australia, if she gets the job as Taste Master. Greg Snell of Oshawa, Ont. will swim with Australia's dolphins, if he gets the job as Wildlife Caretaker.

Drew Sellen of Pickering, Ont. will patrol Australia's beaches and check the water temperature if he gets the job as Park Ranger. However, he has a competitor in Margi Shah of Mississauga, Ont.

They are among the eight Canadians on the 150-person shortlist for Tourism Australia's Best Jobs in the World Competition. Other Canadians on the shortlist hail from Montreal and British Columbia. The successful applicants will start their six-month positions on Aug. 1.

The job descriptions for the six positions are as follows:

- Chief Funster in New South Wales: Reviews festivals and events.
- Lifestyle Photographer in Melbourne: Creates city and country photo shoots.
- Outback Adventurer in the Northern Territory: Travels Outback meeting locals.
- Park Ranger in Queensland: Checks water temperatures, patrols beaches.
- Wildlife Caretaker, Southern Australia: Wakes up kangaroos, swims with dolphins.
- Taste Master in Western Australia: Eats way around state.

TORSTAR NEWS SERVICE

Mary Gazze of Toronto has made the shortlist in the Taste Master category of Travel Australia's Best Jobs in the World competition. FACEBOOK

Market Minute

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Floating flip-flops find fulfilment

Carver Jackson Mbatha, 40, poses next to a large toy giraffe he is making from pieces of discarded flip-flops, in front of a painted workshop wall at the Ocean Sole flip-flop recycling company in Nairobi, Kenya. The company is cleaning the East African country's beaches of washed-up flip-flops, and now the dirty pieces of rubber that were once cruising the currents of the Indian Ocean are being turned into colourful handmade giraffes, elephants and other toy animals. About 45 workers in Nairobi make 100 products from the discarded flip-flops. BEN CURTIS/THE ASSOCIATED PRESS

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Metro Vancouver bus drivers, mechanics, SeaBus, maintenance and other staff share your frustration with lack of adequate public transit service provided by TransLink and the Coast Mountain Bus Company.

That means pass-ups, overcrowding, infrequent service and a lack of buses and SkyTrain hours late at night.

That answer could be found on May 14 because the provincial government is responsible for TransLink and public transit!

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So we have **50% more** residents per bus than we used to. **No wonder you can't get on.**

Metro Vancouver's Livable Region Strategic Plan called for 1900 buses in service by 2006.

The problem is that we are **at least 500 buses short.**

The BC Liberals recognized the problem in 2008 and pledged to double the number of buses by 2020.

But those promises have been broken so far and **no significant improvements in service have been made** in Metro Vancouver.

In fact, because the province refuses to provide ways for **sustainable funding** to meet public transit demand, bus and SkyTrain service is actually worse than four years ago.

Right now TransLink is cutting bus service and routes because it lacks enough funding – that's bad for riders, bad for the environment and means more traffic congestion for drivers.

The BC New Democrats say they will re-direct millions in carbon tax revenue to increase funding for public transit and improve service as a practical response to climate change.

The choice is yours – but the results for public transit over the last 12 years under the BC Liberals is clear – there are no more buses.

Ask your candidates what their position is – and tell them you are voting for More Buses Now!

And you can send all BC political parties a clear message by email and find more information at:

www.MoreBusesNow.ca/election

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A DASH OF OPTIMISM FOR PARENTS

HE SAYS

John Mazerolle
metronews.ca

I don't know any bad parents.

I just realized this recently and it came as a total shock, similar to when I suddenly grasped, in a moment of clarity, that Murdock on The A-Team is Barclay on Star Trek: The Next Generation.

I know of bad parents, sure. I hear stories about friends of friends who approached parenting the same way some people approach marriage, as a chore they felt obliged to do, like dishes.

And the media is full of stories about parents who are too strict or too lax. Parents who ride their kids for good grades, or who could ride their kids to safety if necessary because their children are so fat.

Maybe the fact that the criticisms are all over the map should have tipped me off that bad parents are the outliers, not the trend.

My brother and sister-in-law have six kids (it's a church thing), each more well behaved and well adjusted than the last. The sort of kids that cause elderly people at restaurants to warily ask, "What's the secret?" as if my brother is raising aliens, or The Stepford Children.

I'm good friends with a nine-year-old named Dash, who is perhaps the best kid I know. Besides playing hockey and tennis as well as I do, he also plays instruments including piano and the mandolin better than I do (that is to say, he plays them at all). Recently we were hanging out and I asked him if he'd seen any good movies lately.

"Life of Pi was excellent," he said.

I blinked.

"Did you read the book?"

"Not yet," he said.

Then he lit up a cigar and we discussed stock options.

I made that last sentence up, but you get my point. And I can think of at least a half dozen kids that, if not quite so erudite as Dash, seem as bright and balanced as any adults I know — probably more so.

My little slice of life is hardly a scientific sample, but I suspect all the hand-wringing over the state of parenting is similar to worry about "today's youth." People are convinced each is getting worse every generation, when things are largely the same as previous generations and in some ways better.

We like the idea that there was a Golden Age of parenting and that things would be better if we could just get back to it somehow. They never show the scene on Father Knows Best where he lashes his son with a belt for getting home late, or tells his daughters that homosexuality is an abomination before God. Or if they do, it's only on the DVD extras.

I hope to raise a child some day, though before I get to the Miracle of Life I have to get to the Miracle of Having a Steady Girlfriend. When I finally get to deal with all the anxiety and exhaustion that comes with being a dad, it'll be nice to know I'll have some role models to live up to and lean on.

And if all the great parents I'm friends with can't help, maybe Dash can. He knows best.

ZOOM

My way is the high way

HAP/QUIRKY CHINA NEWS/REX FEATURES

And you thought your commute was bad

Few journeys to school are enjoyable, but for the kids of Zhangjiawan village in south China, they are terrifying. Students must scale a 60-metre cliff using unsecured wooden ladders, or, endure the alternative, which is a five-hour hike.

The local government has now promised to build concrete steps, which should make the trip a little easier.

The village is located on a remote mountain called The Gate of Heaven in China's Hunan province. The nearest town is 35 kilometres away, and to get there, residents have to endure 90 degree cliffs, seen here. METRO

Worse than two feet of snow

"For generations, the villagers used this path to go into town to go to school. But now, some of the richer families rent an apartment in town so their child can go to school."

Resident Yang Junxiang

Heigh-ho, heigh-ho

90

The population of Zhangjiawan has quickly declined below 100 from a previous level of 400. The village had originally been created hundreds of years ago as an escape from bandits, but the appeal of isolation seems to have diminished. The village is so self-sufficient that very few outsiders need to enter. The residents are able to generate income from the natural resources that surround the mountain by growing leaves used for sticky dumplings, bee keeping and hunting.

Other scary commutes

- **Yungas Road (Bolivia).** Around 300 travellers are killed each year on this road leading from La Paz to the Amazon.
- **Lowari Pass (Pakistan).** A busy trucking route 3,000 metres up that is vulnerable to avalanches and storms.
- **Batllava Lake (Kosovo).** Kids cross an ice lake to get to school.
- **Hussaini Bridge (Pakistan).** The Hussaini village is located on both sides of the Hunza River, and to get to the other side, villagers use a bridge made from wooden planks held together by twine. Floodwaters submerged it in 2010, but it has since been rebuilt.

Click bait

HANNAH ZITNER
hannah.zitner@metronews.ca

With news this week that Adobe will switch to a new, subscription-based payment plan, Photoshop users may be rethinking their Adobe allegiance. If the move has you thinking about editing your photo software service, you might want to shop around and test out some of these free photo editing sites.

Gimp

User-friendly and surprisingly full featured, Gimp is the go-to Photoshop alternative. Besides being reliable for your photo fixes, it has the added bonus of running on Linux, too.

IrfanView

Simple and user friendly, Irfan is great for light edits, photo viewing and adding simple effects.

PicMonkey

If 'cute' is a prerequisite for your editing software, PicMonkey's your site. Extremely easy to use, it lets you do basic fixes and one-click touch ups (and gives you the option to upgrade for more ways to 'cuten' up your selfies).

Paint.Net

Despite the name, which sounds like a program that belongs on a Commodore 64, Paint offers advanced features without being overly complicated.

Letters

RE: Unique DTES Shower Facility At Risk Of Closure, published April 24

The people who visit The Lord's Rain — the Gospel Mission Society's shower facility on the Downtown Eastside — have asked me to write and thank the readers of Metro for their response to the article on our financial situation.

As a direct result of Kate Webb's beautifully-written piece, we have received donations to stay open for several more months. The positive impact on the people in the area over the past five years is undeniable, and contributions we receive are truly an investment in our whole city. Once again, thank you all very much.

Drew Snider, Vancouver

RE: Enbridge Pipeline Discussions Need More Honesty, Less Politics, published May 6

The oil industry wants you to believe that the economy will tank, or that countless jobs will be lost if we do not follow their agenda. Since we know there have been electric cars built 20 years ago, and since we know there are constant advances in both solar and wind technologies, why would these industries not provide countless, steady jobs for the foreseeable future, if we decided to shift our focus and retool the province.

Richard Martin, Clearwater, B.C.

WE WANT TO HEAR FROM YOU: Send us your comments: vancouverletters@metronews.ca

metro

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Astrolabe Musik Theatre plays the Britannia Mine Museum at Britannia Beach on May 25. SUBMITTED

This music is so underground it gets performed in a mine

Astrolabe Musik Theatre. Local collective shows off the power of percussion using the acoustics and odd surfaces of a mine

BACKSTAGE PASS
Graeme McRanor
vancouver@metronews.ca

Not many groups can say they've played a mine. Not so for Astrolabe Musik Theatre, a local collective slated to perform a site-specific interdisciplinary concert and dance at the Britannia Mine Museum at the end of this month.

It's called NEWmatica, a celebration of the power of percussion that actually uses the museum's imposing 26-storey mill as a musical instrument.

Featuring Vancouver-based Fringe Percussion (Jonathan Bernard, Martin Fisk, Brian Nesselroad and Daniel Tones), soprano Heather Pawsey, and contemporary tap dancers Danny Nielsen and Dayna Szyndrowski, the unique event features the music of American composer John Cage (Third Construction), as well as Canadian composers Andre Cormier (Tableau de Backyard), Jocelyn Morlock (Darwin's Walken Fish), and R. Murray Schafer (Tantrika).

And it features select members of the audience, too.

"Whenever possible, we love to engage our audiences through active participation in our concerts," says Pawsey, who doubles as Astrolabe's artistic director. "For NEWmatica, we've invited members of the public, through a series of workshops, to join us and literally play the mill as a musical instrument itself in a series of musical motives uses as transitions throughout the evening."

So they'll be tapping the building's steel beams and girders, wooden platforms, concrete floors, and found objects.

The group says the mine was chosen as a venue because of its cathedral-like height (it has 14,416 windowpanes), long and reverberant acoustics, and the diverse surfaces and objects that can be used as percussive instruments.

Astrolabe Musik Theatre and the Britannia Mine Museum co-produce NewMatica, May 25 at 7:30 p.m. Tickets $25/$15 students and seniors.

Britannia Mine Museum is located just off highway 99 (Sea to Sky highway) at Britannia Beach.

(Note: the mine isn't heated, so bring an extra layer as well as footwear suitable for uneven surfaces.) Visit AstrolabeMusikTheatre.com for more information.

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MAY 2013

GENERAL ELECTION

Remember to Vote. Tuesday, May 14 is General Voting Day.

Do You Have This Card?

This card tells you where you can vote in the 2013 Provincial General Election. **Take it with you when you go vote.** If you do not have this card, **visit the Elections BC website** at **elections.bc.ca**, or call **1-800-661-8683** (toll-free).

Download our VOTEBC App for iPhones and iPads to find a voting location near you.

BC Has More Ways to Vote

All voters can:

Vote in any district electoral office from now until 4 p.m. (Pacific time) on General Voting Day, Tuesday, May 14, 2013.

Vote by Mail You can ask for a Vote by Mail package from your district electoral office or through the Elections BC website at **elections.bc.ca.**

Vote at advance voting Voters can attend any advance voting location in the province from 8 a.m. to 8 p.m. (local time), Wednesday, May 8 through Saturday, May 11. All advance voting locations are wheelchair accessible.

Vote on General Voting Day Voters can attend any general voting location in the province from 8 a.m. to 8 p.m. (Pacific time), Tuesday, May 14, 2013.

How to Vote

- Choose only one candidate.
- Mark your ballot with an ✘ or ✔.

Who Can Vote?

You can vote if you are:

- 18 years of age or older, or will be 18 on General Voting Day (May 14, 2013)
- a Canadian citizen, and
- a resident of British Columbia for the past six months

You can Register When You Vote

If you aren't already registered, you can register when you vote. **You will need identification that proves both your identity and current residential address.**

Bring Identification

Under the Election Act, voters must prove their identity and residential address in order to receive a ballot or register to vote in conjunction with voting in a provincial general election or by-election. Voters may present identification, or use a process known as vouching. Some acceptable types of identification and information on the vouching process are found below.

Option 1

A single document issued by the Government of BC or Canada that contains the voter's name, photograph and residential address, such as a BC driver's licence, BC Identification Card (BCID), or BC Services Card.

Option 2

A Certificate of Indian Status as issued by the Government of Canada.

Option 3

Two documents that together show the voter's name and residential address. Both documents must show the voter's name. At least one of the documents must also contain the voter's residential address.

Please note: Digital or electronic documents (e.g. e-bills) are acceptable. Hand-written information on a document, photocopies or electronic scans/photos of a paper document are not acceptable.

The following are examples of the document types authorized by the Chief Electoral Officer for the purposes of voter identification (the list of documents is illustrative, not exhaustive). Other specific documents (not listed below) may be authorized by the Chief Electoral Officer. For questions about the acceptability of a specific document, please contact Elections BC.

Government-issue identity document

Examples: healthcare card, birth certificate, Social Insurance Card, passport, citizenship document/ certificate, Old Age Security Identification Card, Canadian Forces identification, Firearm Acquisition Certificate, firearm Possession and Acquisition Licence, Veterans Affairs Canada Health Care Identification Card, Correctional Service Canada Offender Identification Card.

Other government-issue document

Examples: property tax assessment, income tax assessment notice, government cheque, government cheque stub, statement of employment insurance benefits paid, Canada Child Tax Benefit Statement, statement of Canada Pension Plan benefits, statement of Old Age Security.

School/college/university-issue document

Examples: admissions letter, report card, transcript, residence acceptance/confirmation, tuition/fees statement, student card.

Other documents examples

- Provincial Where to Vote card
- Bank/credit card or statement
- Residential lease/mortgage statement
- Insurance statement
- Public transportation pass
- Utility bill
- Membership card
- Hospital bracelet/document
- Prescription medication container
- Attestation of residence
- Personal cheque (printed by bank)

Option 4

Voters without identification can be vouched for by a voter in their electoral district who has identification, or a direct family member or someone who has legal authority to make personal care decisions for the voter.

Future Voters

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Any Questions?

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Little Boots to make a big impression

Nocturnes. The diminutive singer is back with a new album of pop songs she calls 'representative of me'

It's been four years since the electro-pop artist Little Boots bopped her way onto the music scene with her debut album Hands. After being dropped by Atlantic Records, the singer decided to take creative control with her sophomore album Nocturnes. The 28-year-old talked to Metro about her new record, going "crazy" and her on-stage style.

Your new album is called Nocturnes. What did you do last night?
Last night, I was rehearsing until God-knows-when and I came back and I was programming more synthesizers and stuff for the live show — I've been up crazy time all week.

Little Boots' real name is Victoria Hesketh. GETTY IMAGES

It's been really full-on.

Why did you go for a darker sound on your new album?
My favourite pop songs are always kind of shiny, but there's a kind of darkness underneath and I wanted to create that nighttime edginess.

It feels less commercial than Hands. Would you agree?
Um, yes, definitely in some ways. I've not been worrying about what's on the radio or what's in the chart or trying to copy or compete with that. Last time, I had a song in the Top 10 and that's what we were really going for — but people didn't really know much about me. This is about making an album that's representative of me — but they're still big pop songs at heart.

You've worn some pretty left-field costumes. What do you have in store for fans?
Well, we've got some outfits with sequins and beetle shells by a designer called Sorapol and vintage '70s diva dresses that complement the record, with some big ol' earrings.

Is it important to create a complete audio-visual experience?
Definitely a whole experience. It's not just a singer you're buying into — it's a whole world. It needs to be visual to make sense, especially with electronic music. Otherwise it's just a bunch of dudes standing behind a keyboard and it's pretty boring!

METRO WORLD NEWS

5 TAILS, ONE STORY

Canada Post and the Canadian Federation of Humane Societies (CFHS) have teamed up on the Choose Pet Adoption stamp issue. Meet the stars of the stamps above. Use them on your mail to help raise awareness about pet adoption as the first choice when bringing a new animal into a family!

CFHS FSCAA

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CANADA POSTES POST CANADA

Humble Edgerton finds his inner cad

The Great Gatsby. Director Baz Luhrmann gave actor used to good-guy parts the confidence to take on bad-boy Buchanan role

MATTHEW PRIGGE
Metro World News in New York

Joel Edgerton is in his underwear. His schedule is so packed he has to do one of his interviews while being fitted for a tuxedo, which he will wear to the Cannes screening of his new film, Baz Luhrmann's pricey 3D version of The Great Gatsby.

"One day he's going to see me without my pants on in a movie, if he hasn't already," Edgerton cracks. So while the Aussie actor — best known for his roles in Animal Kingdom, Warrior, and Zero Dark Thirty — is in various states of undress, we get to talking about his performance as Tom Buchanan, the most hissable richie of F. Scott Fitzgerald's tome.

You just saw the movie last night. What was that experience like?
It's hard to tell whether you like a movie when you see it for the first time, just because you're in it. You're judging your own performance most of the time. Or I do, anyway. Like, "Oh f—, he used that piece instead of the other piece." Or I think I did something too big or too small. It's all negative. It was great for a movie like Animal Kingdom, because once my character is killed (very early in the movie), then I could just enjoy the rest of the film. Like, "Thank God I was shot." My brother was in Zero Dark Thirty as well. We both came out with the same experience, saying, "That movie was awesome until we arrived."

Baz Luhrmann has a strong visual style. How is he with actors?
Baz makes you feel valued in the process. If he wanted to change anything on a given day, he'd go to each of our trailers for one-on-one meetings. Few other directors would do that. I'm sure it wasted a bit of time in the morning. Actors love working with him, and they told me Baz will make you look great. He'll make sure you come off well visually.

Australian Joel Edgerton, left, plays the racist, selfish philanderer Tom Buchanan. THE ASSOCIATED PRESS

When you were first pitched a version of Gatsby with 3D and Baz's time warp style, what were your thoughts?
I didn't imagine words popping out of the screen and the rapid editing style. But I've seen his other movies. I didn't know why I expected anything more subdued. But so many things are being made in 3D, and the idea of a drama in 3D is really cool. And Baz is constantly drawing from the themes of tragic love, so for both his visual style and his thematic leanings, he's the perfect guy to make this story.

You play a lot of nice guys.

What was it like playing a cad like Tom?
I never thought I could be Tom Buchanan. When I was younger I thought I could do anything. I thought I could play a girl. Young actors are pretty stubborn about casting. Then when I got behind the camera to make our own movies and we went through casting processes, I realized not everyone can do what we needed. And I chilled on the idea of people who wouldn't cast me in certain roles. Baz put the fire back under me. I shouldn't have been Tom Buchanan. I'm not that guy. But his excitement in seeing that side of me got me to do it.

How do you play a character who's so often indefensible?
Tom is a pig. He's very arrogant and racist and selfish and misogynist and a philanderer. He's kind of honest about it as well. Tom was one of the first football players at Yale, and Yale football players were the first sports heroes for American kids. Everyone would have known about him. Now he's retired, he's got all the money in the world. I just imagined Tom was really bored, and unhappy. And then when Gatsby comes in and tries to take his wife away, it brings the sport back into his life. He may not love Daisy, and he'd rather just go around and have affairs. But if another man comes in to take your possessions, he's gonna fight. He's not used to losing.

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Hip Hop may be in need of a checkup

Healthy change. The early live-fast, die-young image of the genre is waning as its stars of old smarten up and speak out

The culture that in the 1990s lost its brightest stars to gun violence has in recent years seen a series of notable rappers die of drug and health-related causes. Since 2011, hip-pop pioneer Heavy D, singer and rap chorus specialist Nate Dogg and New York rapper Tim Dog all died of ailments in their 40s. Kriss Kross rapper Chris Kelly was found dead last week in Atlanta of a suspected drug overdose at 34.

Some of the genre's elder statesmen say they're worried about the culture's focus on youth, current emphasis on freewheeling partying and "you only live once" ethos, as popularized by Drake's hit The Motto.

"Hip-hop being a lifestyle culture ... a part of American culture, you have to be mindful that somebody is going to grow old, age," said rap pioneer Melle Mel. "At some point somebody has to realize that hip-hop has to learn how to grow up. It's way too juvenile and it's been that way for too long."

The 51-year-old rapper, who memorably warned in 1982's The Message about urban youth who "lived so fast and died so young," said he suffers chronic bronchitis from being around marijuana and cigarette smoke when he was performing. Of course, heavy drug use in hip-hop or rock is hardly new: Cowboy of his Furious Five group died in 1989 "basically from getting high," Melle Mel said.

"It's not really worth it to literally party yourself to death. It's like committing suicide," he added. "You have to choose between what makes you feel good and what makes you think you feel good."

Other influential rappers who've died in their 30s in the last decade include Southern rap pioneer Pimp C and Wu-Tang Clan's Ol Dirty Bastard, both from drug overdoses.

Death by hip hop

"It's not really worth it to literally party yourself to death. It's like committing suicide."
Rapper Melle Mel

Lifestyle isn't to blame for all fatal health problems in hip-hop. Smooth-voiced Midwesterner MC Breed died of kidney failure in 2008 at age 37. Soulful producer J Dilla died in 2006 at age 32 of complications from lupus. Cancer killed rappers Guru in 2010 at 48 and Adam Yauch of the Beastie Boys last year at 47. One of the genre's top stars, Lil Wayne, has inadvertently focused attention on the issue. After he was hospitalized for multiple seizures, the 30-year-old rapper told a Los Angeles radio station in March that he's an epileptic.

Though he's still a heavy marijuana smoker, Snoop Dogg said he stopped drinking alcohol at clubs six years ago after suspecting that a woman put the sedative Rohypnol — widely known as a "date-rape drug" — in one of his drinks.

Chris Kelly of Kris Kross died recently of a suspected drug overdose. ASSOCIATED PRESS

"I used to drink alcohol as a fashion statement. If you in the club, they bringing you bottles and you're just drinking. I don't do that anymore. I drink water or cranberry juice," he said. "I'm not cheap. I just want to survive." Snoop, 41, said his focus on health comes from his desire to remain competitive and relevant to a genre that's largely focused on youth.

"Because when we perform, we don't have as much energy," he said. "So now we've got to get up and work out, do push-ups or jumping jacks, or whatever we've got to do to keep ourselves looking good and feeling good. Because one thing about an old man — he don't ever want to feel like he old."

For producer and rapper RZA, hip-hop's emphasis on youth stems from an urban culture that since the '80s has had trouble planning for the future.

"They said we should be dead or in jail by the age of 25. And I think we live like that," the 43-year-old Wu-Tang Clan founder said. "But what happens when you make it past 25? What happens when you make it to 40? Are you prepared for life now?"

"Think of the great artists like Biggie Smalls and Tupac, who made some of the greatest hip-hop music of all time. But they didn't make it past 25," he said. "They didn't even become a man. ODB was just becoming a man. What I want to tell the hip-hop generation out there is that there's a chance you're going to become a man. Be prepared." THE ASSOCIATED PRESS

Iggy's bubble just refuses to Pop

Ready To Die. Determined, durable rocker's new album with The Stooges proves age is no obstacle to all involved

When Iggy & the Stooges broke up in 1974, almost no one who'd heard of the band had actually heard it.

More than 40 years later, Iggy Pop's band has a new album, Ready to Die, a place in the Rock and Roll Hall of Fame and growing reverence for its place in music history. It's one of rock's stranger success stories, but what do you expect when it comes to Iggy Pop and the proto-punk band everybody used to hate, but really loved?

"It's true. It's a funny arc with us," Pop said in a phone interview last week. "That is the way it is, actually, in all the various numerical yardsticks of all this crud — it's bigger than it was. We have the advantage that it was so tiny when we started. It was really, really tiny in numerical scope, but it's grown and all those old records still sell really nice and steadily, and they're heavily licensed. People get to hear them at sports events and on movies and in adverts."

Iggy Pop. THE ASSOCIATED PRESS

When historians and critics sort through the band's legacy, Pop notes, they always point out the Stooges' initial commercial failure: "But I always felt I was never making them for a quick buck. I was always making them forever."

The Michigan-based Stooges broke up in 1974 after dropping a pair of influential albums, Fun House and Raw Power. The group with Mike Watt on bass reformed in 2003 and guitarist James Williamson rejoined the band in 2009 after guitarist-bassist Ron Asheton passed away.

The 66-year-old Pop spoke about getting better with age and the possibility of more Stooges in the 21st century:

What do you think accounts for the band's continuing growth in popularity?
It got more to the general public maybe somewhere in the mid-'90s. It just sort of got to be everybody was ready to go, "Oooh, OK." I think part of that is there were fewer and fewer people doing sort of quote-unquote rock 'n' roll. It's become less and less available on a daily basis.

You had a reputation for high-energy shows during the first go-round with the Stooges. Is it more difficult to perform to that standard now?
My personal ability to project physical energy probably didn't peak until only about six years ago, seven years ago.

It was in my mid to late 50s and that's because when I was younger I didn't work at it at all.

Do you think there will be more Stooges music down the road?
You know, that's a good question. By the time I got done with this one, I been in the mood like, "Oh, f—, am I glad that's over with. Let's get this thing out." But that's also the tension of a modern marketing plan. They start rattling my cage and hassling me like two months before the thing comes out. ... So right now I think there's a very good chance we could.

THE ASSOCIATED PRESS

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Band is back for another Last Splash

The Breeders are currently on tour and celebrating the 20th anniversary of Last Splash. GETTY IMAGES

Reunions. The Breeders celebrate the 20th anniversary of an album that was the 'last' of its kind

PAT HEALY
Metro World News in Boston

Kelley Deal says that when she found herself in a re- hearsal room again with the definitive version of the Breeders after nearly 20 years, she had a revelation.

"I realized that Last Splash was the only album that all of us had played on together," she says of the breakthrough record that the band are celebrating the anniversary of with a deluxe edition and their current tour. "I had never thought about that before."

Deal's twin sister Kim was the band's only constant on all albums. Last Splash was their second release, and their first with both Deal sisters playing on it. After that, the band splintered off and called themselves the Amps after bassist Josephine Wiggs left.

Though the Breeders reformed multiple times over the years, it was never with the rhythm section that gave the band their biggest hit, Cannonball, which kicked the summer of 1993 into gear with a definitive bass riff.

"I've played Cannonball so many times, and I love the way (longtime Breeders bassist) Mando Lopez plays it, and he plays it right, but until we got back with Jo, it just never felt the same way," says Deal.

"Because when you're the one who comes up with the part, you really own it. When I play songs from (the Breeders' first album) Pod, it never feels quite right because I didn't come up with the parts."

The energy that Deal discovered in that rehearsal room this year with her old band mates filled her with hope.

"I kept saying, 'Why don't we record more?' But then we realized if we didn't rehearse the Last Splash songs then we'd play them really badly and play really well on these new songs that nobody wanted to hear," she says. Deal says a new album by the classic lineup isn't out of the question for later: "When we were together, it just really clicked."

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The Great Gatsby not so great, critics say. ALL PHOTOS GETTY IMAGES

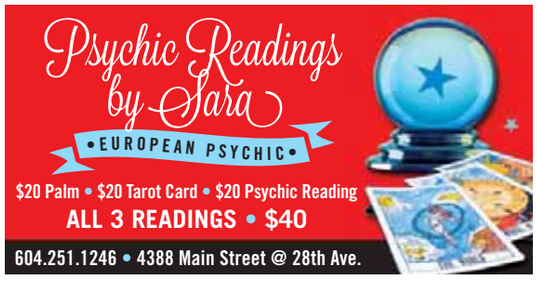
'Overwrought, asinine, exaggerated and boring': Ouch!

The reviews are trickling in for one of the most buzzed about movies of the year and they are far from "Great." Alas, it doesn't seem like reviewers are keen on Baz Luhrmann's The Great Gatsby, which opens this Friday.

One said it's as "boring as sitting through 8th period English" and another went as far as calling it "overwrought, asinine, exaggerated and boring ... about as romantic as a pet rock."

Even The New Yorker didn't let it down easy, saying that Luhrmann is "less a filmmaker than a music video director with endless resources and a stunning absence of taste."

Who cares? It's in 3D, has a soundtrack produced by Jay-Z and it looks like glitter threw up all over it! Give it to me now!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METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Britney back with bitching bod (again)

THE WORD
Dorothy Robinson
scene@metronews.ca

It looks like Britney Spears is heading to Las Vegas for a residency this fall, a la Celine Dion. And she talked to Shape about how she's gearing up for it.

"I'm doing 90 minutes of yoga twice a week in addition to a lot of cardio — hour-long sessions three times a week with my trainer, Tony Martinez," she tells Shape. "The [Vegas] performances won't be simple — they'll be a massive party from start to finish. And to pull this off, I have to be in top condition and running at full speed." (Translation: No more Cheetos.)

She also is apparently paid by Nutrisystem to shill their diet system in interviews. She tells Shape that she's on the program (that's the shake for breakfast and lunch and a "sensible" dinner for those of you keeping track at home).

I think what is remarkable about this cover isn't her toned body — or the amazing Photoshop job from the art director — but that she still rocks a belly button ring. And a very glittery one at that. What is this, 1996?

Rihanna gets cheers and jeers on tour.

Rihanna booed in Boston, cheered on in Brooklyn

Rihanna was booed for turning up late at a concert in Boston, but the audience in New York cheered her on even though she didn't start on time the following night.

Boston.com reported that fans at the TD Garden on Monday booed the singer for starting her concert at 10:30 p.m. instead of her scheduled 9 p.m., and without opening act A$AP Rocky. Doors had opened at 7:30 p.m.

A representative for Rihanna didn't respond to an email about the singer's lateness.

THE ASSOCIATED PRESS

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My son told me I have a small penis. Cruel on a couple of levels.

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SHOPPERS DRUG MART

The most stylish movies of all time

Not since Carrie Bradshaw hauled her collection of Manolos onto the big screen has a film's wardrobe received as much hype as Daisy Buchanan's Prada-designed dresses and Jay Gatsby's Brooks Brothers suits have. So as The Great Gatsby finally hits theatres, we're revisiting our favourite fashion movies of all time — because the runways might give birth to the trends, but it's the movies that determine which ones will become iconic.

SARA CARLSSON
Metro World News

Grey Gardens

Grey Gardens is not so much a documentary about two recluses related to Jackie O as a 100-minute trend machine. Little Edie's head scarves, Big Edie's sorbet coloured house coats, the long furs, the wacky layering, the wild print-mixing: it's all in style right now. And these women — not Anna Wintour — created the look.

La Dolce Vita

The godmother of fashion cinema, Federico Fellini claimed that his inspiration for the film came from a Balenciaga dress.

Sex and the City

Inarguably the biggest of fashion films, it was as influential as the TV show, reinforcing our love of Manolo Blahnik and turning Vivienne Westwood into the new Vera Wang.

Rear Window

It's hard to overstate Alfred Hitchcock's influence on fashion. Alexander McQueen once famously built a collection around his movies. And you see hints of Grace Kelly's Edith Head-designed costumes in the earlier seasons of Mad Men. In Rear Window, Grace Kelly only wears five outfits, each one memorable and relentlessly copied.

Funny Face

"Take the picture!" Hubert de Givenchy and Audrey Hepburn sealed their relationship as one of the movie world's greatest duos with a single scene: Audrey running down a staircase in the Louvre, her red sash floating above her, mimicking Winged Victory. Givenchy created costumes for four of Hepburn's movies, all of which we were tempted to put on this list.

Mahogany

"I'm a winner baby!" This movie was an opportunity for Diana Ross to be her fabulous self, in one fabulous outfit after another. Our favourite is the suitably glitzy Cleopatra look above.

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Go beyond just kicking the tires

Purchase process. You can never do too much when hunting for your perfect vehicle

JIL MCINTOSH
Wheels/Drive

When comparing vehicles, check to make sure they really are similar. On some entry-level vehicles, the base price might not include air conditioning. ISTOCKPHOTO/THINKSTOCK

Despite how much they cost, vehicles are often impulse purchases. Many people visit showrooms just to kick tires, but fall for something they see. That can sometimes work out, but it's a better plan to research and find exactly the right car for your needs.

Ask friends and family for recommendations, including what they don't like about their vehicles. Don't think something is too minor to consider — that badly placed cupholder could be an issue on every commute.

The Internet is a great resource for car shopping. Manufacturers' websites (make sure you are on the Canadian versions) will contain specifications about each vehicle, along with photos, lists of standard features and options, and pricing.

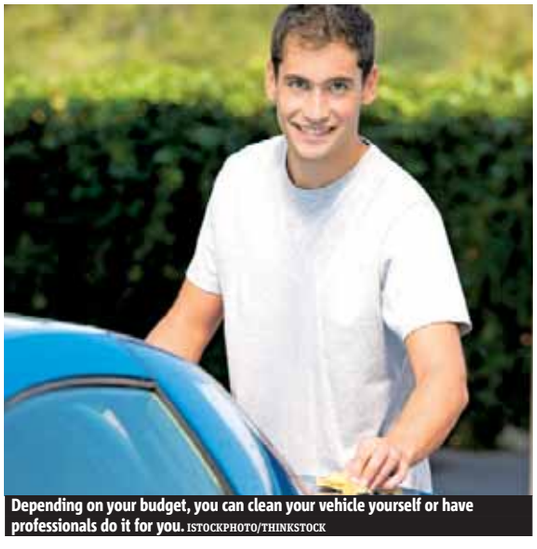
When comparing vehicles, check to make sure they really are similar. On some entry-level vehicles, the base price might not include air conditioning. If it can be added, it might make the car more expensive than a competitor with standard air conditioning.

Reviews can help narrow your list of cars to test drive. Some are launches, where writers drive new vehicles for a few hours for initial impressions. Temper these with regular reviews, where the writer drives it daily for a week or more for a more rounded assessment.

Now that you have a few models in mind, it's time to test drive. Surprisingly, many people take a car out for just a quick trip around the block. You are going to be living with this vehicle for many years, so spend at least an hour or more, including time on the highway.

The car should drive smoothly on city streets and have enough passing power on the highway. Try parking it a few times to see how easily it manoeuvres. Make sure you are comfortable and that you can reach everything. Something that bugs you on the test drive won't get better with time.

Research other factors, too. Check with your insurance company to see what you are going to pay for coverage. If you are tempted by flashy 19- or 20-inch wheels, find out what replacement tires cost. And if it comes down to choosing between models from different companies, how convenient is the dealership to home or work when you need servicing?



Depending on your budget, you can clean your vehicle yourself or have professionals do it for you. ISTOCKPHOTO/THINKSTOCK

Car care. Protect your investment

HENRY STANCU
Wheels/Drive

That new car look lasts about as long as the next mud puddle or major coffee spill, and then it's all downhill as the wear and tear of daily use takes its toll on your new set of wheels.

However, there is a wide array of products and services geared to keeping your cherished buggy sparkling long after it has left the dealership.

Depending on your budget, you can do it yourself or have professionals do it for you.

The question you need to ask yourself is: Do you want to protect your investment and ensure its good resale value down the road?

"Nothing lasts forever," says Lawrence Bailey, owner of New Image Car Spa, an auto detailing shop that has been in business in the Yonge and Eglinton area for 19 years. "But if you have a good car and you keep it in nice shape, it will look better longer and, when the time comes to sell, it will be worth more."

Inside and out detailing packages range from $125 to $375 at New Image, which recommends getting the work done every six months.

For most people, the cost of professional detailing and paint protection is too high.

This is where the do-it-yourselfers thrive, buying hundreds of car cleaning products for everything from the dashboard to wheel rims.

Experts say your new car should be washed once a week if it's parked outside and once a month if kept in a garage. A lot also depends on how often it's driven and exposed to the elements, ranging from nature to road salt.

It's always wise to wash and wax you car in the shade because if it's too hot, the detergent will quickly dry in spots causing stains and the wax will bake on the surface. Use soap specifically designed for auto surfaces, rather than household cleaners, which may damage the finish.

Whether you use a garden hose or rinse with water from a bucket, it is always wise to do so gently, applying as little pressure as possible. And always start from the top of the vehicle, so the dirty water flows downward.

Before starting on the exterior it's a good idea to clean the interior first, because you don't want the inner dirt to mar the shiny clean exterior.

Vacuum the rugs, seats and all the nooks and crannies, and shake or wash the floor mats outside the car.

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Optima Hybrid Premium shown[△]

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Representative financing example based on 2013 Sportage LX MT FWD (SP551D) with a selling price of $23,767, financed at 0% APR for 36 months. 78 bi-weekly payments equal $295 per payment with a down payment/equivalent trade of $0. ***Up to $4,000 cash savings" offer is available on the cash purchase of select new 2013 models from a participating dealer between May 1–31, 2013, is deducted from the selling price before taxes and cannot be combined with special lease and finance offers. Some conditions apply. ◆Cash purchase price for 2013 Optima LX AT (OP742D)/2013 Optima Hybrid Base (OP744D) is $22,072/$27,572 and includes a cash savings of $3,400/$2,000 and a Clearout Bonus of $500/$1,000 (which is deducted from the negotiated selling price before taxes and cannot be combined with special lease and finance offers). Optima Hybrid also includes $1,000 Eco-Credit. Retailer may sell for less. ‡$3,400/$2,000 cash savings on the cash purchase of an eligible new 2013 Optima LX AT (OP742D)/2013 Optima Hybrid Base (OP744D) from a participating dealer between May 1–31, 2013, is deducted from the selling price before taxes and cannot be combined with special lease and finance offers. Some conditions apply. ¥Clearout Bonus of $500 is available on all cash, finance and lease offers of new 2013 Optima LX AT (OP742D)/2013 Sportage LX MT FWD (SP551D)/2013 Soul 2.0L 2u MT (SO553D) and $1,000 is available on 2013 Optima Hybrid Base (OP744D) from a participating dealer between May 1–31, 2013, and is deducted from the selling price before taxes. Customers will receive a cheque in the amount of $500/$1,000 (excluding taxes) or can apply it to the selling/lease price before taxes. See your dealer for complete details. $Lease offer available on approved credit on new 2013 Sportage LX MT FWD (SP551D) is based on monthly payments of $205 (includes a lease savings (lease credit) of $500 and $500 Clearout Bonus) for 48 months at 0.9% APR with a $2,800 down payment/equivalent trade, security deposit and first monthly payment due at lease inception. Excludes $350 lease administration fee due at time of delivery. Total lease obligation is $12,631 with the option to purchase at the end of the term for $11,136. Lease has 16,000 km/year allowance and $0.12/km for excess kilometres (other packages available). Licence, insurance and applicable taxes are extra. Retailer may lease for less. See dealer for full details. ≠Bi-weekly finance payment O.A.C. for new 2013 Soul 2.0L 2u MT (SO553D) based on a selling price of $20,967 is $118 with an APR of 1.49% for 60 months, amortized over an 84-month period. Includes $500 Clearout Bonus. 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Art deco style all the rage

Earlier this year I predicted that the style of art deco would make a resurgence in home decorating. The look of art deco was invented in the early part of the 20th century, and incorporated modern lines, masculinity and luxurious finishes like polished dark wood, brushed gold metal tones and hits of black for opulence. As both traditional and modern, the look of deco helps to bridge something old with its clean, modern lines. This month The Great Gatsby movie is being released; a show stopper filmed in the art deco period with incredible fashions and home decor. I though it would be suitable to feature a few home decor items that will help get the deco look in your own home.

DESIGN CENTRE
Karl Lohnes
home@metronews.ca

Memoirs Lavatory Faucet

Graphic and masculine taps add strong design lines to a lavatory. Want a truly authentic deco bathroom? Try adding a black toilet and sink to the room. $630, kohler.ca

Shand Kydd Peacock Modern Spiral Wallpaper

Simple gold fans on turquoise adds a deco feel to the walls. Perfect for adding drama to a small foyer entrance or on the back wall behind a bed. $76/double roll, sears.ca

Biblioteca Bookcase

The dark walnut stained shelving makes this bookcase a great display piece or bookshelf. It fits into any space and is a personal design favourite as a see-through room divider. $700, urbanbarn.com

Starburst Mirror

Gold and shine reflect the opulent lifestyles of the decor period. Hang one in the dining room and forgo the fancy chandelier. $250, crateandbarrel.com

Stockholm Flatwoven wool carpet

Bring this season's biggest colour combo of grey and black to the floor; layer an animal hide rug on top for a completely glamourous look. Stockholm Flatwoven wool carpet, $350, ikea.ca

Ells Swivel Chair

The quintessential curved arm club chair is all deco in black leather; and this one swivels, making it perfect for reading or watching your favourite movie. $2,000, elte.com

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Using every nook and cranny in micro houses

Studio37. A creative layout is necessary when building these 400-square-foot units

For an architect who thrives on the challenge of constraints, little compares to the test of designing a home with a 37-square-metre footprint, but that is exactly what Dan Boot did.

"When I have a constraint around the location where the house is supposed to go it really kind of gets my creative juices flowing," said Boot, president of Victoria's Small Modern Living. "I like to work to maximize the space, so I take advantage of every little nook and cranny."

Small Modern Living designed the 37-square-metre (400-square-foot) unit known as Studio37 as a prototype of a house that could be lowered into place by crane if need be.

Units like those being created by Boot's company are part of a larger movement within architecture and design to create small and even tiny homes which increase urban density and provide solutions to municipalities struggling with affordable housing shortages.

In addition to the creation of the Studio37 prototype, Small Modern Living has been working with Victoria residents who are interested in building self-contained garden suites in their backyards that can be used for student rental or in-law flats.

"The genesis of Small Modern Living came out of a response to densification and also the City of Victoria has a policy for garden suites, which kind of runs in parallel to laneway housing that they have in Vancouver, which has been very successful," said Boot.

While Studio37 was designed to be built either in a factory or on site, Boot said most of their homes are site specific due to technicalities that arise around issues like property setbacks.

Then architects and designers have to get creative in determining the layout and furnishings of the spaces. Many decisions depend on whether the small home is being built as a primary residence or secondary unit.

"In the bedroom of Studio37 we incorporated a Murphy bed," said Boot. "When it is folded down it is a bed, but when it is in the upward position there is a hinged partition that folds down and forms a work station." Another space-saving feature of Studio37 is the use of pocket doors for the interior instead of traditional hinged doors.

The 18 West Hastings project, which was built in the historic Burns Block building, is the first of its kind in Vancouver. The development incorporated 21-square-metre (226-square-foot) microlofts. Bruce Carscadden, an architect who worked on the project, said one of the most important factors in designing a livable unit that is only 21 square metres was providing natural light. Because the building has a flatiron shape, the rental units have windows on all sides.

"The uptake of these units was quite quick," said Carscadden. "The quality of the fit and finish of all the units was done really nicely, first class with modern esthetics and materials.

"I think that affordability and the quality of that space, in addition to living in the city where your living room is Gastown, where all of the cool and trendy things are going on, was particularly compelling to the young people who rented those spaces."

THE CANADIAN PRESS

Dan Boot looks out from inside a 400 sq. ft. home in Victoria, B.C. The modern-looking home can fit into most backyards for under $100,000 and offers features such as granite counter tops, glass tiles, engineered wood flooring, high efficiency washer and dryer, a living room area, kitchen, bathroom and wall bed. CHAD HIPOLITO/THE CANADIAN PRESS

Dan Boot, designer and developer for Small Modern Living Inc., stands outside a 400-square-foot home in Victoria, B.C.
CHAD HIPOLITO/THE CANADIAN PRESS

Inside the bedroom of a Small Modern Living Inc. 400 sq. ft. home.
CHAD HIPOLITO/THE CANADIAN PRESS

Inside the wheelchair-accessible bathroom. CHAD HIPOLITO/THE CANADIAN PRESS

Nothing new

The idea of living in smaller spaces may be new to cities like Victoria and Vancouver, but Bruce Carscadden, architect and partner of Bruce Carscadden Architect, said it is something Japanese and Europeans have been doing for years.

- "There is no end of precedents for people living in small spaces," said Carscadden, who worked on the 18 West Hastings project in Vancouver.
- "Maybe what is interesting or what is notable is that it is new to Vancouver but certainly not new to Japanese or European markets, where people have lived in significantly smaller spaces for a lot longer," he explained.
- "We certainly did look to a lot of Japanese precedents for living in smaller spaces."

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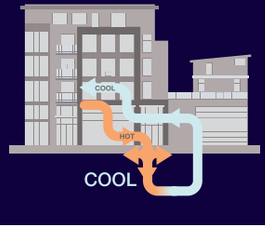
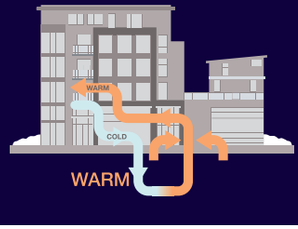


COLD TEMPERATURE



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Turn castoffs into garage sale gold

Odds and ends. The perfect addition to your home is right around the corner — use your imagination to bring it back to life

As the warmer weather is upon us, it brings many new activities, from baseball to picnics to garage sales. It's the time of the year when people are purging what they don't need, and is the perfect opportunity to turn their trash into your treasure.

From outdated odds and ends to forgotten furniture, there is a wealth of worthy items just waiting to be found, re-imagined, and re-purposed. Take a look at these ideas:

Pretty in paint

Rusty metal, chipped paint, colours from another decade — these are all-too-common sights for the garage sale shopper. But look beyond these imperfections — and at their spray paint potential — and you'll soon find some diamonds in the rough.

Metal products, such as tables, chairs, garden tools or even watering cans, can receive an easy and instant update with a spray paint like Rust Protector from Krylon. It is available in a variety of colours and dries in just eight minutes, so as you create your new masterpieces, you don't have to worry about grass, leaves or other particles getting stuck in a fresh coat of paint. It provides the ultimate protection against rust, keeping your new treasures looking amazing regardless of the elements they face.

New uses for old things

The key to finding items at garage sales is to look at how they can be used in new and different ways. Don't view that dusty, broken typewriter or vintage camera as mechanical pieces you have to fix, but rather as interesting design elements to be admired on bookshelves and mantels.

Even old books can add a level of sophistication to your home. Grab a handful in coordinating colours to stack on a dresser or end table for instant eye appeal. Buy an old ladder and prop it against the wall as a place to drape blankets. You can even spray paint an old coffee mug rack to create a fabulous jewelry organizer where you can hang all your favourites. The possibilities are endless.

Turn treasure into sold

If your main reason for getting giddy over garage sales is to make a quick buck, you're not alone. Valuable items lurk at each and every turn, and they are just waiting to be snatched up by an eager buyer. Doing your research and reading up on collectibles is a great place to start. Generally, pieces with high nostalgia value will fetch a higher price tag. Think classic lunch boxes, comic books, sports memorabilia or board games — things you loved as a kid and that never seem to go out of style. You can also enlist the help of a collectibles expert to tell you everything you need to know.

So, as you head outdoors this summer on a hunt for some bargain fixer-upper or forgotten gems, keep your eyes peeled and your mind open.

NEWS CANADA

Look at how a garage sale item can be used in a new and different way. NEWS CANADA

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5 green decorating solutions

Spring home projects don't have to mean increasing the toxic load on the planet or in your abode. We've rounded up some sensible tools and eco-friendly products with less negative impact on the health of your home and the planet.

LINDA LABAN
Metro World News

Choose an eco-conscious brand

Choosing paint colours and wallpapers is the fun part of room makeovers. But unwrap a roll of wallpaper or uncap a can of paint, and the room is filled with obnoxious ink fumes. Farrow & Ball crafts its non-acrylic paints with more natural ingredients and extremely low VOCs (volatile organic compounds). Their wallpapers use eco-friendly FSC-approved paper and are printed with Farrow & Ball's own low VOC water-based paint. Utilizing more water-based, rather than oil-based, paints benefits the environment both in production and waste disposal.

Opt for sustainable wood

Work on your projects with the ultra-stylish Areaware Wood Tool Set. It's made from sustainable harvested new growth beech wood and includes a level, 36-inch folding ruler, LED flashlight and screwdriver with interchangeable flat and Phillips heads.

Stop tossing your paintbrushes

Every year, in North America alone, more than 500 million used paintbrushes end up in landfills. Usually, the only part that needs replacing is the bristles. Kwick Clean and Green Envirobrush is the forever brush. Its replaceable bristle head means also avoiding brush-cleaning solvents and allows for easy mid-job paint colour changeover.

Find smart solutions

Take the drama out of painting with Mixing Mate. This nifty paint-can lid makes mixing paint easy via a turbine operated with a simple crank. It virtually eliminates drips and spills, and provides easy storage for unused paint. Less mess means less cleanup, which means less water consumption and less paint in the water supply. And fewer messy stir sticks in the landfill.

Add a new colour, not chemicals

Prepping your walls for a new coat of paint with chemical solvents means introducing notoriously toxic substances into your home and the environment. Chemical's Soy Gel Paint and Urethane Remover is an effective, nontoxic, odour-free alternative for removing old paint from walls and varnish from wood floors. It's also harmless to skin and because there are no toxic fumes, it's safe to use indoors. The soy-based product removes paints, urethanes, acrylics, epoxies and enamels, and is ideal for lead-based paints. And its thick gel consistency prevents lead from escaping into the air.

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DENNA HOMES

PACESETTER MARKETING

DIY in your home: one room at a time

JULIA WEST
Metro World News

Pretend you're walking into your home for the first time.

Chances are, once you take that step back, you'll start to notice plenty of outdated decor that could stand to be freshened up, or a cluttered area that could be put to better use.

Rather than overwhelm yourself with a whole-house overhaul, start making small, easy changes, one room at a time. You won't spread yourself — or your wallet — too thin.

Don't throw that out!

- During all of this updating and remodelling, it's easy to absentmindedly trash anything that doesn't have an immediate purpose. You might want to hold off, though. Before you dump that empty glass jar, consider giving it new life as a DIY snow globe or tiny terrarium.
- The head of a rusty metal rake just needs a thorough cleaning before nailing it to the wall and using it as an Americana-style piece to hold keys, necklaces or dishtowels.

Bathroom

Make your bathroom swankier by displaying everyday items in glass. Use mason jars, sugar kegs or even old jam jars to hold your cotton swabs, cotton balls, and toothbrush.

If your linen closet is overflowing and perhaps a little musty, too, air out and display clean towels, rolled up, in a basket or recycled wooden crate. And if all else fails, it's shocking what a fresh shower curtain can do to shift the bathroom's style.

Kitchen

Even the best kitchens are sometimes lacking in countertop space. Free up some of that precious commodity by giving everything on the counter a new home.

Start with a wall-hanging spice rack, which you can build, buy or upcycle from old shelves.

If you have a bulky, cylindrical container on your countertop that holds large utensils, move it to the wall. Use a wall-mounted flower pot holder to keep your container off the counter.

Bedroom

Time to redo the core of this room: the bed. New sheets and a mountain of matching pillows are great, but if you want to get your hands dirty, try creating your own headboard.

It only takes a tiny bit of sewing skill to create a slipcover for your current headboard. With the wide choice of fabrics available, you can set the tone for the whole room.

If you're looking for something more rustic, see if you can dig up weathered wood. Paint and sand an old door or shutters to match the room's theme and mount it behind the bed frame.

Tasty things come in mini packages

ROSE REISMAN
for more, visit rosereisman.com or follow her on twitter @rosereisman

Miniature Hoisin Garlic Burgers

This recipe serves five. Two mini burgers are 264 calories and contain 7 grams of fat. BRIAN MACDONALD, FROM ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS)

These burgers are extremely moist and flavourful due to the hoisin sauce.

Instead of beef, use ground chicken, veal or pork, or try a combination. Serve these on miniature hamburger buns and add some sautéed onions.

If you prefer, make four or five regular burgers instead of the minis.

Ingredients

- 1 lb extra-lean ground beef
- 1/4 cup dry bread crumbs
- 1/4 cup chopped green onion
- 3 tbsp chopped cilantro or parsley
- 4 tbsp hoisin sauce
- 2 tsp minced fresh garlic
- 1 tsp minced fresh ginger
- 1 egg
- 2 tbsp water
- 1 tsp sesame oil

1. Heat the barbecue to high and spray with cooking oil, or preheat the oven to 450 F.

2. Combine the beef, bread crumbs, green onion, cilantro or parsley, 2 tablespoons of the hoisin sauce, garlic, ginger and egg in a bowl. Mix thoroughly and form into 10 mini burgers.

3. Whisk the water, remaining 2 tablespoons hoisin sauce and sesame oil together in a small bowl.

4. Brush half of the sauce over the burgers.

5. Barbecue, or place on a rack on a baking sheet and bake for 10 to 15 minutes (until no longer pink in the center). Turn the patties once, halfway through, and brush with the remaining sauce. Serve on mini hamburger buns, if desired, and garnish with sautéed onions.

ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS) BY: ROSE REISMAN

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Kris Abel
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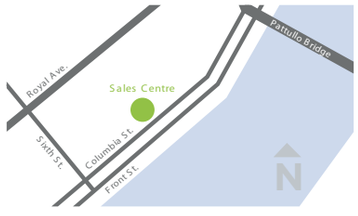

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metro

MOTHER'S DAY GIFT GUIDE

Thursday, May 9, 2013

Mother's Day is this Sunday. Celebrate your appreciation for your mother with some of the gifts that appear on the following pages. ISTOCKPHOTO/THINKSTOCK

Transform mom's relaxation time

JANINE FALCON
For Metro

Scented candles, soothing bath salts and silky body oils and butters to transform mom's precious relaxation time.

Cire Trudon Candle: Clean-burning, cotton-wick, vegetal wax masterpieces from a company that dates back to 17th-century Paris. $99 at teatroverde.com.

Philosophy Living Grace Satin Finish Body Oil: A silky, fine-mist spray that leaves skin sublimely soft and subtly scented with neroli, lily of the valley and musk. $33 at sephora.ca.

Bath & Body Works Beautiful Day: Sunny, uplifting fruity-floral shower gel, body cream, body mist and eau de toilette. From $11 at Bath & Body Works.

Bliss Blood Orange + White Pepper: Light, tangy scrub, body wash and luscious body butter to pamper skin thoroughly. From $21 at the Bay and sephora.ca.

Barr-Co Fine Handmade Bath Salts: Skin-softening mineral salts, milk powder and soothing colloidal oatmeal with apothecary-style charm. $36 at Anthropologie.

Aquiesse Candle: Natural wax and a clean-burning wick housed in a beautiful ribbed tin with a secret matchbook compartment lid that doubles as a pedestal. $39.95 at teatroverde.com.

L'Occitane En Provence Pivoine Shimmering Body Oil: A delicately perfumed shimmering oil with peony extract and grapeseed to nourish face and body. $36 at L'Occitane boutiques and loccitane.ca.

Weleda Indulgent Body Lotions Kit: All-natural biodynamic formulas and pick-me-up scents in travel-size citrus, sea buckthorn, wild rose and pomegranate. $16 at weleda.ca, well.ca and Whole Foods.

Josie Maran Argan Infinity Creamy Oil: Deliciously scented with a hint of citrus, a multi-purpose melting-texture balm for face, hands and flyaways, too. $34 at Sephora and sephora.ca.

Crabtree & Evelyn La Source Gel Booties: Sole-satisfying, softening multiple-use sockettes to encourage Mom to put up her feet. $28 at Crabtree & Evelyn.

Clockwise, from above, Bliss Blood Orange + White Pepper, from $21 at the Bay and sephora.ca, Aquiesse Candle, $39.95 at teatroverde.com, L'Occitane En Provence Pivoine Shimmering Body Oil, $36 at L'Occitane boutiques and loccitane.ca, Barr-Co Fine Handmade Bath Salts, $36 at Anthropologie, Bath & Body Works Beautiful Day, from $11 at Bath & Body Works, Crabtree & Evelyn La Source Gel Booties, $28 at Crabtree & Evelyn.

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Pretty perfumes to delight the senses

JANINE FALCON
For Metro

From ultra-feminine to lushly sophisticated to clean and modern, think of these fragrances as love notes for mom.

Jo Malone Osmanthus Blossom: A fresh, delicate white floral with notes of petigrain, peach-scented osmanthus blossom, and cashmere wood. Limited edition, $70 at Holt Renfrew.

Balenciaga L'Eau Rose: A sparkling, sophisticated blend of violet, rose, spice, patchouli and wood. From $98, at department stores.

Marc Jacobs Daisy Eau So Fresh Sunshine Edition: A bright, youthful, floral fruity juice with broad scent-appeal. $85 at select drugstores, Sephora and Murale.

The Body Shop White Musk Libertine: From the Leona Lewis cruelty-free collection, a soft, sweet lush scent and long a favourite of the singers. Limited edition, from $17.50 at The Body Shop and thebodyshop.ca.

Tokyo Milk Mix 'n' Match Eau de Parfum: A travel-friendly trio of pretty fragrances to wear alone or customize to create a layered, signature scent. $21 at beautymark.ca.

Valentina Assoluto: A sensual, seductive and sophisticated scent of Italian bergamot and white truffle, tuberose and soft vanilla, and cedar, oak moss and patchouli. From $105 at the Bay, Holt Renfrew, Murale and Sephora.

Prada L'Eau D'Iris Ephemeral Editon: A nod to Tuscany Iris gardens in spring, fresh with green Moroccan mint, neroli and pink laurel, white musk and iris. $90, exclusively at Holt Renfrew.

Kiehl's Aromatic Blends: A modern range of fresh fragrances, including vanilla and cedarwood, orange flower and lychee, fig leaf and sage, and nashi blossom and pink grapefruit. $62 at Kiehl's boutiques and kiehls.ca.

Elizabeth Arden Green Tea Honeysuckle: An exuberant celebration of spring, with sparkling citrus, sweet wild honeysuckle, refreshing green tea, and white birch. From $27 at the Bay and select drugstores.

Bottega Veneta Eau Legere: A unique floral, leathery fragrance that has a combination of musk and oak moss. $98 at Holt Renfrew and select Bay stores.

Just Cavalli: A floral composition with a note of Neroli, produced from blossom of the bitter orange tree and the Tahitian Tiare flower, grounded by a palissander wood accord. From $66 at the Bay, Sears, Shoppers Drug Mart and Sephora.

Vera Wang Be Jeweled: A fruity floral with notes of pomegranate, red currant and champagne. From $49 at Shoppers Drug Mart.

CK One Summer: Zesty citrus, watermelon and crushed leaves with woody notes of musk and moss. $58 at select retailers.

Body Shop Scents of the World: Five scents including Madagascan Vanilla Flower, Amazonian Wild Lily, Japanese Cherry Blossom, Indian Night Jasmine, and Atlas Mountain Rose. From $25 at the Body Shop.

From left, Elizabeth Arden Green Tea Honeysuckle, from $27 at the Bay and select drugstores, Valentina Assoluto, from $105 at the Bay, Holt Renfrew, Murale and Sephora, Prada L'Eau D'Iris Ephemeral Editon, $90, exclusively at Holt Renfrew, Balenciaga L'Eau Rose, from $98, at department stores.

Mothers Day Brunch
Full selection of breakfast items, salad bar with shrimp cocktail and smoked salmon
Assorted hot lunch items including butter chicken, quiche and pot stickers.
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Canadian entertainer Chantal Kreviazuk is a selection committee member for the 2013 Walmart Mom of the Year Award. TORSTAR NEWS SERVICE FILE

Survey. How much is your mom worth?

One of the most important jobs on the planet doesn't come with a paycheque, but Canadians have a salary in mind. According to a recent survey conducted by Leger Marketing on behalf of Walmart Canada, Canadians would pay their mom an average annual salary of $161,287 for all of her hard work.

The survey was commissioned in celebration of the second annual Walmart Mom of the Year Award, giving people across the country the opportunity to recognize the enormous contribution mothers make to their families and to their communities.

"We're thrilled to bring the mom of the year award back for a second year," said Emma Fox, chief marketing officer for Walmart Canada. "This award celebrates moms as both role models and integral members of the community, and gives Canadians an opportunity to say thank you for everything moms do every day."

Walmart's survey also asked Canadians who they thought embodied the quintessential TV mom; The Cosby Show's Clair Huxtable led the poll being named by one in five respondents (21 per cent). Marge Simpson of The Simpsons came in second at 17 per cent.

Top moms

- According to Canadians, the top four TV moms are Clair Huxtable, The Cosby Show (21 per cent); Marge Simpson, The Simpsons (17 per cent); Kitty Foreman, That '70s Show (12 per cent); and Carol Brady, The Brady Bunch (11 per cent).
- Sixty per cent of Canadians say the 2013 mom of the year should have several qualities, such as being loving, compassionate, hard-working, fun-loving, a mentor, sacrificing and charitable.

"Being a mom is really a labour of love and though music has always been a central part of my life, the day I became a mother was the day I became who I was meant to be," said Chantal Kreviazuk, Canadian singer, songwriter and pianist and a selection committee member.

"My journey into motherhood nine years ago renewed my sense of creativity, and strengthened my passion for giving back to the causes that are dear to my heart. These things, combined along with my commitment to my family, continue to help me in my effort to be the best version of me possible."

A selection committee of mom ambassadors comprised of three admired Canadian mothers, one Walmart Canada mom and last year's mom of the year will determine the recipient of the 2013 Award.

New this year is the My Finalist public voting, where Canadians will have the chance to review the top 20 candidates and vote for one mom they want to see become one of the eight finalists. Each finalist will receive $10,000 to spend on themselves and the remaining seven will receive $10,000 for the charity or cause of their choice. The Mom of the Year award recipient will receive $100,000 for the charity or cause of her choice.

The mom of the year finalists will be flown to Toronto for a day of pampering and an awards gala on Oct. 5. Nominations for the mom of the year award close June 16 and My Finalist public voting will run from July 4 through to Aug. 1.

For more information, visit momoftheyear.ca.

METRO NEWS SERVICES

Ideas for the new mom in your life

If someone you know has just had a baby, Mother's Day can provide the perfect opportunity to honour her. Here are some gift ideas born to please:

Food delivery service
New moms are overloaded with tasks and responsibilities — and, of course, they are sleep deprived. In between getting to know and care for their baby, new mothers have zero time to actually prepare a healthy meal for themselves. Why not get them a gift certificate from a local food delivery service?

Post-partum doula
Never heard of one? Post-partum doulas step in after the birth of the baby to help take care of mom and help out around the house so mom can bond with the baby. There are qualified post-partum doulas in every city — just Google or ask for a recommendation from friends, colleagues, a local hospital or a parenting group. Doulas are available to help during the day or overnight and they can stay as long as they are needed.

Make memories
Ditch the flowers, forgo the diamonds and leave the breakfast in bed to the children. This is the year for gadgets. There are a ton of cameras available today that will capture every fleeting moment of motherhood. Most are child-friendly, which means that you can hand these to the kids and not worry about sand or dust, or even a dunk in the pool.

Gifts that give back
Make this Mother's Day unforgettable with a gift that keeps on giving. Consider making a donation to her favourite charity. Your gift will help provide expectant moms and babies in some of the poorest regions in the world with essentials like prenatal vitamins, checkups, post-natal care and education.

NEWS CANADA

She gave you the gift of reading. This Mother's Day, give it back.

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HWY (A/T): 5.6L/100KM
CITY (A/T): 8.6L/100KM

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CITY (A/T): 9.7L/100KM

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$500 LEASE SAVINGS

CLEAROUT BONUS $500*

NOW ONLY $205* MONTHLY

$2,800 down payment. Offer includes delivery, destination, fees and $500 LEASE SAVINGS and $500 CLEAROUT BONUS*. Offer based on 2013 Sportage LX MT FWD with a purchase price of $23,767.

2013 SOUL — Soul 4u Luxury shown*

HWY (M/T): 6.7L/100KM
CITY (M/T): 8.5L/100KM

INCL. AIR, KEYLESS ENTRY & SATELLITE RADIO

WAS $121 BI-WEEKLY — OWN IT FROM 1.49% APR — WITH $0 DOWN

CLEAROUT BONUS $500*

NOW ONLY $118* BI-WEEKLY

bi-weekly for 60 months, amortized over 84 months with $0 DOWN PAYMENT. Offer includes delivery, destination, fees and $500 CLEAROUT BONUS*. Offer based on 2013 Soul 2.0L 2u MT with a purchase price of $20,967.

2013 OPTIMA HYBRID — Optima Hybrid Premium shown*

WAS $31,572 — DISCOUNT $2,000 IN CASH SAVINGS* — +$1,000 ECO-CREDIT* — CLEAROUT BONUS $1,000* — NOW $27,572*

Offer includes delivery, destination, fees, $2,000 CASH SAVINGS*, $1,000 ECO-CREDIT* and $1,000 CLEAROUT BONUS*. Offer based on 2013 Optima Hybrid Base with a purchase price of $31,572.

ONLY at KIA Vancouver — BUY your car WIN your car — APPROXIMATE ODDS OF WINNING 1 in 300

All new vehicles financed, leased, or purchased today through to June 30/2013 will be entered into a draw to win your purchase.

5 WE'VE GOT YOU COVERED *5-year/100,000 km warranty. Some restrictions apply. See dealer for details.

Best Global Brands 2012

KIA — The Power to Surprise

Offer(s) available on select new 2013 models through participating dealers to qualified customers who take delivery by May 31, 2013. Dealers may sell or lease for less. Some conditions apply. See dealer for complete details. All offers are subject to change without notice. Vehicles shown may include optional accessories and upgrades available at extra cost. All pricing includes delivery and destination fees up to $1,650, other fees and certain levies (including tire levies) and $100 A/C charge (where applicable) and excludes licensing, registration, insurance, other taxes, variable dealer administration fees (up to $699) and down payment (if applicable and unless otherwise specified). Other dealer charges may be required at the time of purchase. Other lease and financing options also available. **0% purchase financing is available on select new 2013 Kia models O.A.C. Terms vary by model and trim, see dealer for complete details. Representative financing example based on 2013 Sportage LX MT FWD (SP95B) with a selling price of $23,767, financed at 0% APR for 36 months. 78 bi-weekly payments equal $295 per payment with a down payment/equivalent trade of $0. ***Up to $4,000 cash savings" offer is available on the cash purchase of select new 2013 models from a participating dealer between May 1-31, 2013, is deducted from the selling price before taxes and cannot be combined with special lease and finance offers. Some conditions apply. •Cash purchase price for 2013 Optima LX AT (OP142D)/2013 Optima Hybrid Base (OP144D) is $22,072/$21,572 and includes a cash savings of $3,400/$2,000 and a Clearout Bonus of $500/$1,000 (which is deducted from the negotiated selling price before taxes and cannot be combined with special lease and finance offers). Optima Hybrid also includes $1,000 Eco-Credit. Retailer may sell for less. ‡$3,400/$2,000 cash savings on the cash purchase of an eligible new 2013 Optima LX AT (OP142D)/2013 Optima Hybrid Base (OP144D) from a participating dealer between May 1-31, 2013, is deducted from the selling price before taxes and cannot be combined with special lease and finance offers. Some conditions apply. ¥Clearout Bonus of $500 is available on all cash, finance and lease offers of new 2013 Optima LX AT (OP142D)/2013 Sportage LX MT FWD (SP95B)/2013 Soul 2.0L 2u MT (SE93D) and $1,000 is available on 2013 Optima Hybrid Base (OP144D) from a participating dealer between May 1-31, 2013, and is deducted from the selling price before taxes. Customers will receive a cheque in the amount of $500/$1,000 (excluding taxes) or can apply it to the selling/lease price before taxes. See your dealer for complete details. ¶Lease offer available on approved credit on new 2013 Sportage LX MT FWD (SP95B) is based on monthly payments of $205 (includes a lease savings (lease credit) of $500 and $500 Clearout Bonus) for 48 months at 0.9% APR with a $2,800 down payment/equivalent trade, security deposit and first monthly payment due at lease inception. Excludes $350 lease administration fee due at time of delivery. Total lease obligation is $12,459 with the option to purchase at the end of the term for $10,136. Lease has 16,000 km/year allowance and $0.12/km for excess kilometres (other packages available). Licence, insurance and applicable taxes are extra. Retailer may lease for less. See dealer for full details. ^Bi-weekly finance payment O.A.C. for new 2013 Soul 2.0L 2u MT (SE93D) based on a selling price of $20,967 is $118 with an APR of 1.49% for 60 months, amortized over an 84-month period. Includes $500 Clearout Bonus. Estimated remaining principal balance of $6,067 plus applicable taxes due at end of 60-month period. Retailer may sell for less. See dealer for full details. ‡Eco-Credit for 2013 Optima Hybrid is $1,000 (deducted before taxes) and is applicable to the purchase or lease of a new 2013 Kia Optima Hybrid. Available at participating dealers. Certain restrictions apply. See dealer for details. *Model shown Manufacturer Suggested Retail Price for 2013 Optima SX Turbo AT (OP748D)/2013 Sportage 2.0T SX Navigation (SP75SD)/2013 Soul 2.0L 4u Luxury AT (SO75SD)/2013 Optima Hybrid Premium (OP748D) is $35,350/$39,145/$27,345/$27,550 and includes delivery and destination fees of $1,455/$1,650/$1,650/$1,455 and A/C charge ($100, where applicable). Licence, insurance, applicable taxes, other fees and certain levies (including tire levies), variable dealer administration fees (up to $699) and registration fees are extra. Retailer may sell for less. Available at participating dealers. See dealer for full details. ^Highway/city fuel consumption is based on the 2013 Optima 2.4L GDI 4-cyl (A/T)/2013 Sportage 2.4L MPI 4-cyl (A/T)/2013 Soul 2.0L MPI 4-cyl (M/T). These updated estimates are based on the Government of Canada's approved criteria and testing methods. Refer to the *EnerGuide Fuel Consumption Guide*. Your actual fuel consumption will vary based on driving habits and other factors. Information in this advertisement is believed to be accurate at the time of printing. For more information on our 5-year warranty coverage, visit kia.ca or call us at 1-877-542-2886. Kia is a trademark of Kia Motors Corporation.

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NHL playoffs

Bruins take 3-1 series lead over Maple Leafs

David Krejci scored his third goal of the night at 13:06 of overtime Wednesday to give the Boston Bruins a 4-3 win over the Toronto Maple Leafs and a commanding 3-1 lead in their playoff series.

Krejci beat James Reimer with a shot from the faceoff circle after coming down the left wing.

The Leafs now face a potentially decisive Game 5 on Friday in Boston, where history and the Bruins are against them.

The Bruins are 15-2 when leading a best-of-seven series 3-1. And Toronto is 2-12-1 in its last 15 games in Boston.

THE CANADIAN PRESS

NHL playoffs

Kings beat Blues in overtime

Slava Voynov scored on an odd-man rush eight minutes into overtime and the Los Angeles Kings beat the St. Louis Blues for the third straight time, 3-2 Wednesday night.

The win put the defending Stanley Cup champions on the verge of surviving the first round, leading 3-2 heading to Game 6 in Los Angeles on Saturday.

Alex Pietrangelo scored on a wrist shot from the point with 44.1 seconds remaining in regulation and goalie Brian Elliott off for an extra attacker. That forced overtime for the second time in the series.

THE ASSOCIATED PRESS

Many questions and perhaps some answers

Swept away.
Pressure mounts on Canucks' GM, coach after another early postseason exit

CAM TUCKER
cam.tucker@metronews.ca

Joe Pavelski of the San Jose Sharks celebrates his third-period goal alongside teammate Patrick Marleau in Game 4 of their Western Conference quarter-final on Tuesday in San Jose. CRISTIAN PETERSEN/GETTY IMAGES

The Vancouver Canucks are no longer in the Stanley Cup playoffs and there are many pertinent questions about the future of this team going forward.

Perhaps Thursday, when general manager Mike Gillis addresses the media at a press conference inside Rogers Arena, there will be some answers.

Players will also hold media availability prior to the Gillis press conference.

On Tuesday, the Canucks were swept in the first round of the playoffs by the San Jose Sharks, the sixth seed in the Western Conference.

That's back-to-back years the Canucks have been knocked out of the playoffs in the opening round, without getting past a fifth game.

It was only two years ago the Canucks won their first Presidents Trophy in franchise history and were within one win of hoisting the Stanley Cup, which also would have been a first for the NHL club.

Instead, the drought has endured and the Canucks now face a litany of questions in a number of different aspects, although coaching and goaltending are sure to dominate the discussion.

Alain Vigneault, who was appointed as the Canucks' head coach on June 20, 2006, is the franchise leader in wins with 313 over the course of seven regular seasons.

But the Canucks have just one win in their last 11 playoff games dating back to the Stanley Cup final.

There has been talk that Tuesday's 4-3 overtime loss to the Sharks could be Vigneault's last behind the Canucks bench.

On May 23 of last year, the Canucks announced Vigneault signed a contract extension.

The goaltending situation is also expected to be addressed.

Cory Schneider was thrown into the fire for games 3 and 4 against San Jose, despite the fact Roberto Luongo put up two valiant performances, albeit both losses, in the first two games of the series at Rogers Arena.

They are both world-class goalies, capable of being starters in the NHL.

Both want more than anything to top the depth chart.

The Canucks currently have more than $9 million US invested in both goalies, with the salary cap coming down to $64.3 million next season.

Lions' Lulay puts back strain behind him

The B.C. Lions say quarterback Travis Lulay's back injury during a recent three-day mini camp came from overexertion. FILE PHOTO/GETTY IMAGES

Travis Lulay maintains he's healthy, despite missing the final day of the B.C. Lions' recent mini camp with back spasms.

"I feel great. I don't know where, honestly, the back thing came from," said Lulay, the Lions' quarterback, during a teleconference on Wednesday morning.

"It just kind of came up, one of those fluke deals. It was a 48-hour thing and it's really been fine ever since, so I really don't expect that to be any kind of an issue."

The Lions held the three-day mini camp from April 16 to 18 at their Surrey practice facility. Main camp starts June 2 in Kamloops.

"I think what happened was he did a little bit too much the first two days (of mini camp) and it caught up to him," said Lions general manager and VP of football operations Wally Buono in a phone interview on Tuesday.

Towards the end of last season, Lulay dealt with an injury in his throwing shoulder, forcing him to miss two of the last three games in the lead-up to the Western Final.

Lulay, who last season completed 346 passes for 4,231 yards, signed a contract extension through the 2015 season with the Lions in January.

"The shoulder feels great. Obviously ... it did slow me down a little bit at the end of last season," said Lulay.

"I don't foresee that being an issue, anything lingering, I guess, from the past. Obviously this is a game where things can happen, but physically I feel great." CAM TUCKER/METRO

4 SPORTS

See today's answers at metronews.ca/answers.

Horoscopes

Aries
March 21 - April 20
The only obstacles you will face today are ones you create for yourself — so don't create any. Whatever you are doing, just take your time. What's the rush? Slow down and smell the flowers along the way.

Taurus
April 21 - May 21
You know what you want, you know how to get it and no force on Earth is going to stop you. With that kind of determination you are sure to accomplish some remarkable things over the next few days.

Gemini
May 22 - June 21
Why can't you just accept that people are different and see things in different ways? The message of the stars today is that your time and energy are precious — don't waste them.

Cancer
June 22 - July 23
Someone seems to believe that you are weak and that you would rather give in than fight for your rights. It is essential that you set the record straight. Stand up to their bullying ways.

Leo
July 24 - Aug. 23
There could be an emotional scene today, but you cannot allow your feelings to overpower common sense. Someone has got to think logically and it looks like that someone is you.

Virgo
Aug. 24 - Sept. 23
You can spend your life worrying about things that may never happen. Or you can push your doubts to one side and devote your time and energy to having a good time.

Libra
Sept. 24 - Oct. 23
Cosmic activity in the wealth area of your chart means you would be wise to resist any urge to spend money for the sake of it. Aim to end the week with more cash in your pocket than when you started.

Scorpio
Oct. 24 - Nov. 22
Tomorrow's eclipse in Taurus, your opposite sign, marks the halfway point of your solar year. It's a good time to look back at the past six months. What have you accomplished? Where can you improve?

Sagittarius
Nov. 23 - Dec. 21
You need to face facts, both in your personal life and at work. Something you once had high hopes for is not working out the way you intended and you must change it or forget it.

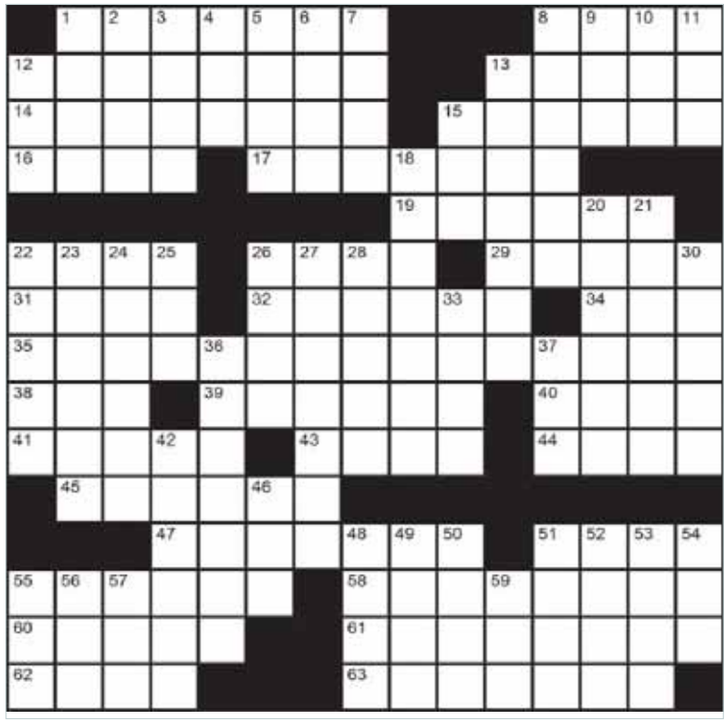
Capricorn
Dec. 22 - Jan. 20
You may not want to push yourself to the front but from the look of your solar chart, you have little choice in the matter. Someone needs to take the lead and few people are more qualified than you.

Aquarius
Jan. 21 - Feb. 19
Someone is stirring up trouble just to see how you will react. You can resist the urge to rise to the bait or you can pretend to be really annoyed and give them hell. It could be lively.

Pisces
Feb. 20 - March 20
Every now and then the pressure builds up to such an extent that you need to find ways to let off steam. The trick is to do so in constructive ways. SALLY BROMPTON

Crossword: Canada Across and Down

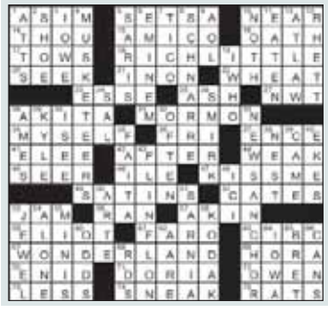
BY KELLY ANN BUCHANAN



Across
1. May 9th to 12th, 1885: Battle of __ (North-West Rebellion conflict, fought in Saskatchewan)
8. Shipshape
12. Retro photo
13. Scorch
14. Anne Murray hit
15. 1985 Ron Howard directed flick
16. 'Clement' completers (Juicy fruits)
17. Stephen __ (Canadian author of Sunshine Sketches of a Little Town)
19. TV weatherman Al's surnamesakes
22. Hertz rival
26. "Old man look __ __ life..." - Neil Young
29. Make really happy
31. __ __ put into other words...
32. Scram: 2 wds.
34. Fido's doc
35. Yuk Yuk's performer: 2 wds.
38. Seafood, to some
39. Season the fries again
40. Wing ___ prayer
41. "Survivor" team
43. Cartoon fight sound effects
44. Actress Susan, and others
45. Deli selection
47. Imitate
51. Single-named supermodel
55. Attired, Caesar-style
58. Los Angeles, colloquially: 3 wds.
60. Swashbuckler's prop
61. Andrea Martin character, Edith __
62. Gambit
63. Chosen, in sports: 3 wds.

Down
1. German city
2. Hand cream ingredient
3. Some marbles
4. Globe
5. Spiral shape
6. "Spenser: For __" ('80s series)
7. Norse epic
8. Sudbury stuff
9. Antacid brand
10. "It's ___." (Greenlight giver's comment)
11. Perfect rating, spelled-out
12. Series Dan Aykroyd hosted, "__ Factor: Chronicles of the Paranormal"
13. __ salmon
15. Pigeon's patter
18. Farley Mowat book, Never __ __
20. Valley
21. Unwavering
22. Plus
23. Politician pickers
24. Roma's realm
25. "__ of the Mask"
26. Flu symptom
27. Gardener's purchase
28. Robert Mitchum/Jane Russell movie of 1952
30. Belonging to Sicily's volcano
33. Li'l quantities
36. Imagined
37. Common sitcom role
42. __-eyed
46. Spa mask ingredient
48. Purina rival
49. Mountain lake
50. Charles Lamb's pen name
51. Ms. Sommer
52. __ fide (In bad faith)
53. Memory: Prefix
54. 'Com' completer (Funny flick)
55. Tea party utens.
56. Bird of Minerva
57. Doubled word with Dolls (Rock band)
59. Play part

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

			8		4			
	6						1	
2	3	5				6	4	8
		7	9		6	8		
1								5
		6	4		5	1		
7	8	4				2	3	1
	5						9	
			7		2			

Yesterday's Sudoku

3	6	2	7	5	8	9	1	4
4	9	8	3	2	1	5	6	7
1	5	7	4	9	6	3	8	2
7	8	3	6	1	9	2	4	5
6	2	4	5	8	7	1	9	3
9	1	5	2	3	4	6	7	8
2	7	9	8	6	3	4	5	1
5	4	6	1	7	2	8	3	9
8	3	1	9	4	5	7	2	6

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1 oz. modern, sealed bars	$1,617.14
1 oz gold Maple Leaf	$1,627.02
1 oz. Krugerrand	$1,573.75
Sovereign	$368.56

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Silverware

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Item/Description	The Other Buyers Pay	J&M Pays
10kt scrap gold, per gram	$15.90	$19.24
14kt scrap gold, per gram	$22.29	$27.02
1 oz. Recognized Gold Bar	$1,547.39	$1,617.14
1 oz. Gold Maple Leaf Coin	$1,579.96	$1,627.02
Sterling Silver, per Gram	$0.59	$0.74
Silver Canadian Coins from 1966 and earlier, per $1 face value	$14.36	$15.71

Prices in this ad based on gold @ U$1,601.72 and silver @ U$29.30 and a USD/CAD exchange rate of 1.0128 on February 19, 2013, the day this ad was created.

Silver Coins and Bars

1 oz. silver bar	$30.43
10 oz. silver bar	$307.42
100 oz. silver bar	$2,983.05
1 oz. silver Maple Leaf	$30.79

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Canada Collector Coins

1948 $1	$900.00 and up
1890H 50¢	$500.00 and up
1875H 25¢	$200.00 and up
1889 10¢	$350.00 and up
1921 5¢	$4,000.00 and up
1923 1¢	$14.00 and up

Silver Coins *Per $1.00 Face Value*

Canada 1968	$9.58
Canada 1967	$12.25
Canada 1966 and earlier	$15.71
USA 1964 and older	$19.07

Scrap Gold *Per gram*

10kt	$19.24
14kt	$27.02
18kt	$34.81

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